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A STUDY OF DEPRESSION PREVALENCE IN NURSES AND IT'S EFFECTIVE FACTORS IN SHIRAZ NAMAZI HOSPITAL

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Introduction: The depression is emblem feeling of indisposition, shortage of energy, perish, and despair, to be useless, disinterestedness and pessimism

Objective& aim: To assess prevalence of depression in nurses of Shiraz Namazi Hospital and it's connection with some effective factors.

Methods: In this cross-sectional survey, 130 nurses of Shiraz Namazi Hospital were Investigated by using Beck depression questionnaire. Also necessary data for independent Variables was collected by interview.

Results: Depression rate of mild, moderate and severe types were 73.1%, 21.5% and 5.4%, respectively. Statistically significant association was found between depression and Marital status ($P< 0.0001$), level of education ($P< 0.005$), over time´s hours at work ($P< 0.02$) and parent´s death at childhood (before 11th age) ($P< 0.001$).

Conclusion: Various degrees of depression was found in this cohort and that affected their professional performance.