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## Cover picture

*Silence* (2013). Anu Mehra (b.1960)

Born, brought up and educated in the city of Amritsar, Punjab in India.

I trained as a psychiatrist and later as a GP in the UK and this has influenced my artistic approach.

*Silence* was conceived and inspired by a photograph of a veiled Indian beauty. I worked in mixed media with silk, delicate fabrics, acrylic and silk paints using delicate gold thread in embroidery to create this image. The picture could be seen in purely aesthetic terms, but also refers to the silence within psychiatry about the stigma of mental illness.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

