

CPD Online

- 1 **New from CPD Online**

Cochrane corner

- 2 **Psychological therapies for panic disorder with or without agoraphobia in adults: a network meta-analysis**

Alessandro Pompili, Toshi A Furukawa, Hissei Imai, Aran Tajika, Orestis Efthimiou & Georgia Salanti

Round the corner

- 3 **Network meta-analysis: a useful tool for comparing different psychological treatments for panic disorder?**

Katharine Smith

Articles

- 9 **Family psychoeducation for people living with schizophrenia and their families**

Carol Harvey

- 20 **MARSIPAN: management of really sick patients with anorexia nervosa**

Paul Robinson & William Rhys Jones

- 37 **Psychodynamic approaches to suicide and self-harm**

Jessica Yakeley & William Burbridge-James

- 46 **Motivational interviewing: living up to its promise?**

Jason Luty & Maciej Iwanowicz

- 54 **Psychotherapeutic interventions and contemporary developments: common and specific factors**

William Burbridge-James & Maciej Iwanowicz

- 66 **Health anxiety: detection and treatment**

Peter Tyrer & Helen Tyrer

Clinical reflection

- 33 **Words matter: after more than a century 'schizophrenia' needs rebranding**

Antonio Lasalvia

Corrigendum

- 72 **Working beyond your job plan**

Alex Till & Jan Wise

Cover image

Motivational interviewing is a form of psychotherapy that targets ambivalence towards an aberrant behaviour. It has been extensively studied in substance misuse, and also has applications in areas as diverse as diabetes care and reducing offending. Luty & Iwanowicz (pp. 46–53) ask whether it is living up to its promise as means of changing patients' behaviour. Cover image: © iStockphoto/JoelBoily