

## **P-1061 - HOLISTIC APPROACH TO CONFLICT IN MARRIED COUPLE**

N.Sava, A.C.Papari, G.C.Cozaru, A.Papari

Psychology Department, Andrei Saguna University, Constanta, Romania

The paper is a theoretical synthesis of research strategy that had as focus the marital conflict. Central idea of the research is focused on the issue of conflict between members of couple and highlights the key events in its evolution and its implications for family system.

The main motivational factor that determined to start this theoretical research has been to try to capture those factors that lead to or facilitate the emergence and perpetuation of conflicts in married couples and their implications on the family environment.

We started with the idea that conflict family environment is a tragedy and will inevitably lead to different emergence of deviant and delinquent manifestations from children of such families.

This research represents an introduction to conflict within the couple's marriage, for a next work, when we want to propose an integrative investigative model that will take into account personality factors, coping strategies and defense mechanisms. Thus, we assume that the psychotherapeutic approach may be improved by identifying personality variables and coping strategies of the members of a married couple living in disturbing situation.

The research tends to clarify the main points of the authors who have had as concern the conjugal couple research, concluding with the assumption that a holistic approach to the phenomenon of marital conflict within couples can not lose sight of the manner the partners relate to the disturbing situation, nor the strategies they use to solve the conflict.