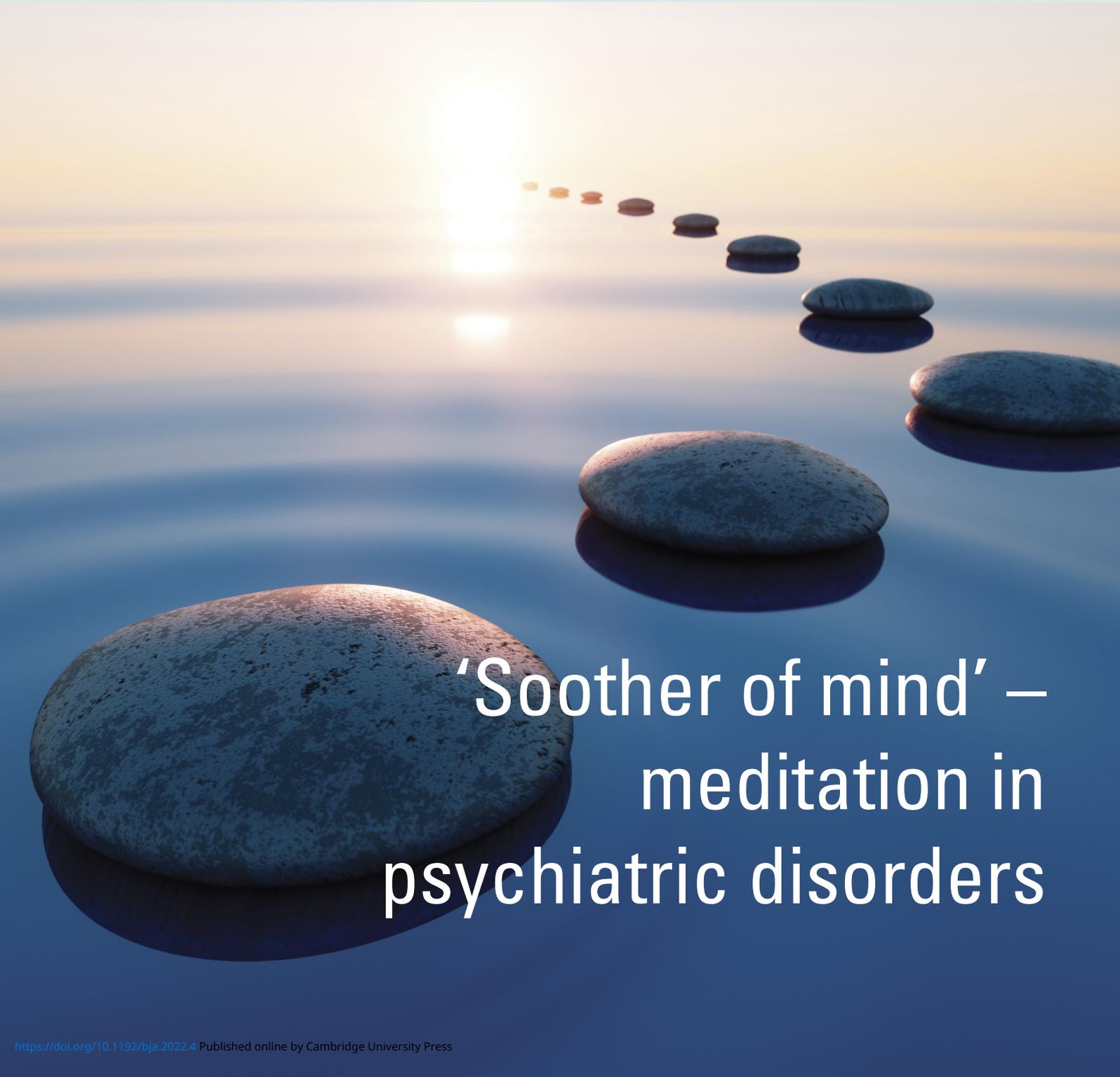


BJPsych

# Advances

Continuing professional development in psychiatry



'Soother of mind' –  
meditation in  
psychiatric disorders