

Public Health Nutrition (PHN) provides a forum for the presentation of original research findings and high quality reviews of key topics, and for discussion of and debate on of current issues and controversies. It also publishes special issues on major topics of interest. Our field includes research, scholarship, and discussions on public health nutrition, that take a population, health promoting and preventive approach. Papers that do not have this emphasis may be directed to more appropriate journals. Potential contributors are encouraged to read the aims and scope of the journal, and to note and follow the guidelines set out below.

Content:

- **Original research findings and scientific reviews** are published as full papers usually less than 5000 words, not including the abstract, references, tables, figures and acknowledgements.
- **Editorials** express the opinion of the journal, as represented by its central editorial team, on topics judged by them to be important. Editorials, including guest editorials, are usually co-ordinated and developed by the editorial team.
- **Position papers**, including declarations and other statements of policy, may be invited or unsolicited.
- **Invited commentaries and book reviews** are expressions of opinion on a topical subject. These are commissioned by the members of the editorial team.
- **Letters to the Editors** are usually in response to material published in *PHN*. Submissions are sent to the author for comment and, when possible, published together with the author's reply.

Submission: PHN operates an online submission and reviewing system. All manuscripts should be submitted to <http://mc.manuscriptcentral.com/phnutr>. Please contact the Editorial Office on phn.edoffice@cambridge.org regarding any other types of submission.

Refereeing: Review articles and articles reporting original research are subject to external review by two or more referees who evaluate manuscripts based on their importance, relevance, and originality. Authors are asked to submit names and contact details (including email address) of up to four potential referees. All other contributions (editorials, position papers, invited commentaries, book reviews, and letters to the Editors) undergo an internal review process by at least two members of the editorial team. Invited commentaries and book reviews may also be checked externally as necessary to avoid technical errors and to improve salience.

Copyright: At the time of acceptance, authors will be asked to provide a completed copy of the 'Licence to Publish' (in lieu of copyright transfer), available at <https://www.nutritionociety.org/>. It is the author's responsibility to obtain written permission to reproduce any material (including text and figures) that has appeared in another publication.

Preparation of manuscripts: Please refer to the full Directions to Contributors on our website (<http://www.nutritionociety.org>). Manuscripts should be in clear and concise English, and spelling should follow the Oxford English Dictionary. For authors whose native tongue is not English, in-house editorial attention to their contributions will improve clarity. On acceptance, all contributions are subject to editorial amendment to conform to house style. Manuscripts should be prepared in a common word processing package (Word for Windows is preferred) in Times New Roman or other common typeface, prepared with double-spaced text, at least 2 cm margins, and page and line numbers. Standard abbreviations and SI units must be used.

Disclosure of financial support and any competing interests.

The submission must include a statement within an Acknowledgements section reporting any competing interests (financial and non-financial), all sources of funding, and the nature of the contribution of each author to the manuscript. If there are no competing interests, this must be stated. Authors are asked to provide this information during the submission process and should not include it as part of the manuscript to allow for double-blind reviewing.

Arrangement of papers:

1. **Title page** should include the article title, author(s), affiliation(s), up to eight keywords, one author identified for correspondence (with full postal address, telephone and fax numbers, and email address), and a running title of up to 45 characters. The title page should be submitted online as a separate cover letter, not as part of the manuscript, to enable double-blind reviewing.
2. **Abstract** should be structured, usually using the following internal headings: Objective, Design, Setting, Subjects, Results, Conclusions. Abstracts should be intelligible without reference to text or figures and should not exceed 250 words.
3. **Text** should be divided under headings (typically to include Introduction, Methods, Results, Discussion and Conclusions), and sub-headings as appropriate. Conclusions should include recommendations that derive from the research and that are concrete, feasible, and potentially effective. Emphasising that more research is needed is usually not necessary unless there is specific reason to say so. All submissions must include a statement that the research was conducted in accordance with guidelines laid down by the Declaration of Helsinki and approved by an ethics review committee.
4. **Acknowledgements** (sources of funding, competing interests declaration, authorship responsibilities, acknowledgements) should be provided during the submission process, not as part of the manuscript.
5. **References** should be in Vancouver style. Please refer to the full Directions to Contributors.
6. **Tables** should be reduced to the simplest form and should not be used where text or figures give the same information. Each table must be accompanied by a clear and concise caption that is comprehensible without reference to the text. Longer tables may be published online only.
7. **Figures** should be numbered, and legends should be provided. Each figure, with its legend, should be comprehensible without reference to the text and include definitions of abbreviations.

Proofs: Correspondence and proofs for correction will be emailed to the first named author unless otherwise indicated. The author will receive a PDF proof for checking. It is important that proofs be returned promptly. Authors may be charged for any alterations in excess of 10% of original setting.

Offprints: The corresponding author will receive a PDF of the published paper free of charge. Offprints are available to purchase and must be ordered before publication.

Monitoring and surveillance

Cut-off points of anthropometric markers associated with hypertension in the Brazilian population: National Health Survey, 2013

Ana Paula Alves de Souza,
Paulo Rogério Melo Rodrigues,
Ana Paula Muraro,
Naiara Ferraz Moreira, Rosely Sichieri,
Rosângela Alves Pereira and
Márcia Gonçalves Ferreira 2147

Hypertension and adiposity indices: commentary on the associations of adiposity indices with hypertension in Brazil (Souza et al., 2019)

Nasheeta Peer 2155

Assessment and methodology

Nutrition literacy predicts adherence to healthy/unhealthy diet patterns in adults with a nutrition-related chronic condition

Matthew K Taylor, Debra K Sullivan,
Edward F Ellerbeck, Byron J Gajewski
and Heather D Gibbs 2157

Development and testing of the FRESH Foods Survey to assess food pantry clients' dietary behaviours and correlates

Eric E Calloway, Hilary K Seligman,
Lisa W Boyd, Katie L Stern,
Sophie Rosenmoss and Amy L Yaroch 2170

Socio-economic inequality in unhealthy snacks consumption among adolescent students in Iran: a concentration index decomposition analysis

Vahid Yazdi-Feyzabadi, Arash Rashidian
and Mostafa Amini Rarani 2179

Nutritional status and body composition

Mid-upper arm circumference cut-offs for screening thinness and severe thinness in Indian adolescent girls aged 10–19 years in field settings

Vani Sethi, Neha Gupta,
Sarang Pedgaonkar, Abhishek Saraswat,
Konsam Dinachandra Singh,
Hifz Ur Rahman, Arjan de Wagt and
Sayeed Unisa 2189

Seasonal trends of nutrient intake in rainforest communities of north-eastern Madagascar

Christopher D Golden, Babu Vaitla,
Laurent Ravaoliny, Miadana A Vonona,
EJ Gasta Anjaranirina,
Hervet J Randriamady, Raymond P Glahn,
Sarah E Guth, Lia CH Fernald and
Samuel S Myers 2200

Prevalence of underweight in children and adolescents (aged 3–18 years) from Kraków (Poland) in 1983 and 2010

Małgorzata Kowal, Renata Woźniacka,
Aneta Bac and Ryszard Żarów 2210

Nutrition communication

Cooking Matters Mobile Application: a meal planning and preparation tool for low-income parents

Teresa M Garvin, Alethea Chiappone,
Lisa Boyd, Katie Stern, Jill Panichelli,
Leigh Ann Edwards Hall and
Amy L Yaroch 2220

Behavioural nutrition

Obese women's perceptions of weight gain during pregnancy: a theory-based analysis

Emily M Nagourney, Dina Goodman,
Yukyan Lam, Kristen M Hurley,
Janice Henderson and Pamela J Surkan 2228

Nutritional epidemiology

Nutrition transition profiles and obesity burden in Argentina

Natalia Tumas, Constanza Rodríguez Junyent,
Laura Rosana Aballay,
Graciela Fabiana Scruzzi and
Sonia Alejandra Pou 2237

Economics and environment

Chronic disease self-management within the monthly benefit cycle of the Supplemental Nutrition Assistance Program

Eliza Whiteman Kinsey, Roxanne Dupuis,
Megan Oberle, Carolyn C Cannuscio
and Amy Hillier 2248

How adolescents cope with food insecurity in Baltimore City: an exploratory study

Kristin Mmari, Asari Offiong,
Susan Gross and Tamar Mendelson 2260

Community nutrition

Feasibility and acceptability of a Takeaway Masterclass aimed at encouraging healthier cooking practices and menu options in takeaway food outlets

Frances Hillier-Brown, Scott Lloyd,
Louise Muhammad, Carolyn Summerbell,
Louis Goffe, Natalie Hildred, Jean Adams,
Linda Penn, Wendy Wrieden,
Martin White, Amelia Lake, Helen Moore,
Charles Abraham, Ashley Adamson
and Vera Araújo-Soares 2268

Predictors of early childhood undernutrition in Nigeria: the role of maternal autonomy

Ngozichukwuka Agu, Nnadozie Emechebe,
Korede Yusuf, Olujemisi Falope and
Russell S Kirby 2279

Interventions

A nutrition education programme improves quality of life but not anthropometric status of adults living with HIV in Abeokuta, Nigeria

Temitope K Bello, Gerda J Gericke,
Una E MacIntyre and Piet Becker 2290

A behavioural economics approach to improving healthy food selection among food pantry clients

Caitlin E Caspi, Marna Canterbury,
Samantha Carlson, Jamie Bain,
Laura Bohan, Katherine Grannon,
Hikaru Peterson and Thomas Kottke 2303

Creating healthy food pantries by using behavioural economics approaches

Anja Simmet and
Nanette Stroebel-Benschop 2314

Public policies

Following in the footsteps of tobacco and alcohol? Stakeholder discourse in UK newspaper coverage of the Soft Drinks Industry Levy

Shona Hilton, Christina H Buckton,
Chris Patterson, S Vittal Katikireddi,
Ffion Lloyd-Williams, Lirije Hyseni,
Alex Elliott-Green and Simon Capewell 2317

Trade and nutrition policy coherence: a framing analysis and Australian case study

Phillip Baker, Sharon Friel,
Deborah Gleeson, Anne-Marie Thow
and Ronald Labonte 2329

Cambridge Core For further information about this journal please go to the journal website at: cambridge.org/phn