



Contents

Invited Essay

- Treatment Alternatives for Overweight and Obesity: The Role of Online Interventions 1

Jacqueline Baulch, Andrea Chester and Leah Brennan

Standard Papers

- Experiential Avoidance in Civilian War Survivors With Current Versus Recovered Posttraumatic Stress Disorder: A Pilot Study 15

Nexhmedin Morina, Ulrich Stangier and Anne Katrin Risch

- Convergent Validity and Test–Retest Reliability of the *Oxford Physical Activity Questionnaire* for Secondary School Students 23

David R. Lubans, Kathy Sylva and Zane Osborn

Shorter Communication

- Cognitive–Behavioural Therapy Combined With an Interpersonal Skills Component in the Treatment of Generalised Anxiety Disorder in Adolescent Females: A Case Series 35

Allison M. Waters, Jillian Donaldson and Melanie J. Zimmer-Gembeck

- Obsessive–Compulsive Contamination Fears and Anorexia Nervosa: The Application of the New Psycho-educational Treatment of Danger Ideation Reduction Therapy (DIRT) 44

Lynne M. Drummond and Peter Kolb

ISSN 0813-4839

