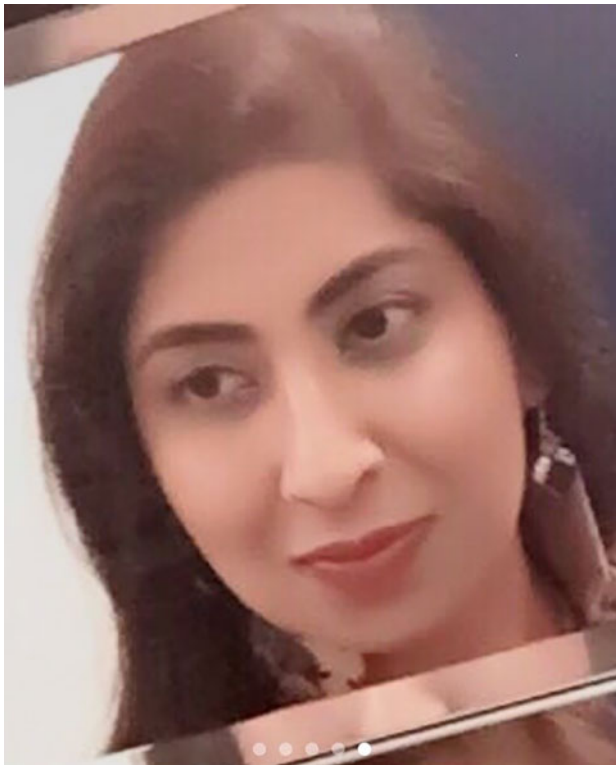


Obituary

Mamoona Rana, MA, MBBS

Psychiatric trainee, North East London NHS Foundation Trust, UK



Dr Mamoona Rana, a much loved, highly regarded, enormously valued and committed junior psychiatrist, died at the age of 48 years of COVID-19 on 16 April 2020 after a short illness.

Mamoona was born in Punjab, Pakistan, the youngest of four children. She graduated from Lahore Medical College, worked in her native country for some years, after which she and her husband emigrated to the UK. She secured a training post in psychiatry in 2018 and embraced the discipline with huge enthusiasm. She had a lovely bed-side manner and great listening skills. At an early stage in her career she showed a keen interest in teaching and was often to be found with medical students on the wards instilling them with her newly acquired knowledge of psychiatry. Her eagerness for learning was infectious. She had enormous potential and there is no doubt she would have contributed enormously to the field of psychiatry.

Mamoona was a calm, caring and loving person, who was intelligent, witty and full of life. Her husband, Dr Azeem Qureshi, an anaesthetist at Newham University Hospital, describes her as a remarkable woman who gave hope and joy to those around her. She was also a very good cook and a devoted mother.

Mamoona was buried in East London, her family in Pakistan being unable to attend her funeral owing to the coronavirus travel restrictions. She is survived by her husband Azeem, and their 8-year-old daughter Narmin.

Afifa Qazi

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Malik Hussain Mubbashar, MB BS, FRCP (London), FRCP (Edinburgh), MRCP (Glasgow), FCPS (Pakistan), FRCPsych

Formerly Professor and Head of the Institute of Psychiatry, Rawalpindi, Principal, Rawalpindi Medical College and Vice-Chancellor, University of Health Sciences, Lahore, Pakistan



Malik Hussain Mubbashar, the leader of psychiatry in Pakistan for a generation and a pioneer in the development of community mental health services and psychiatric research, died on 10 August 2020, at the age of 75 years. His work in the establishment of community mental health services served as a model for such services in low-income countries throughout the world. Initially, local men were recruited and trained to provide services to those identified in need. This was soon followed by school programmes, which enlisted head teachers, persuading them to include information about mental disorders in their curricula. Professor Mubbashar was remarkably