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## THE PROFESSIONAL BURNING DOWN SYNDROME AT THE PERSONNEL OF BRIGADES OF MEDICAL FIRST-AID

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The purpose of the our investigation was a study of fenomenology of the professional burning down syndrome (PBDS) at the personnel of brigades of medical first-aid. The complex dynamic inspection of 800 personnel of ambulances brigades. Was shown the PBDS in 106 persons, included 42 doctors and 64 nurses. All of inspected separated on 3 groups in accordance with the estimation of degree of PBDS. 17 persons ( $16,04 \pm 3,56$  %) at which symptoms of burning down were expressed and practically decompensated entered in the first group . The second group consist with 58 employees of ambulances brigades first-aid ( $54,72 \pm 4,83$  %), which the syndrome of burning down of middle degree of expressed was diagnosed at, partly compensated different ways. In the third group entered a 31 employees ( $29,25 \pm 4,42$ %) by the picture of burning down syndrome unexpressed, «effaced», to a great extent compensated. Complex estimation of the state emotional, cognitive and somatovegetative spheres inspected allowed to select the certain phenomenological variants of PBDS syndrome of the professional burning down. Astheno-subdepressive variant was selected by us for a 21 employee ( $19,81 \pm 3,87$ %). Somatovegetative variant was marked at 19 inspected ( $17,92 \pm 3,73$ %). A astheno-hypochondriacal variant was diagnosed for 50 employees ( $47,17 \pm 4,85$ %). Astheno-obsessive variant, selected for 13 persons ( $12,26 \pm 3,19$ %). Hysterical variant -7 persons (  $6,60 \pm 2,41$ %). On the basis of results the complex psychocorrection programme was worked aut and the high efficacy- the 85 % full PBDS compensation was shown.