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Podcast *The inflamed mind: a radical new approach to depression*

It is thought that depression will be the single biggest cause of disability worldwide in the next 20 years; however, treatment for depression has not changed much in the last three decades. In his game-changing book, *The Inflamed Mind: A radical new approach to depression*, Professor Edward Bullmore reveals the breakthrough links found between depression and inflammation of the body and brain, representing a whole new way of looking at how mind, brain and body all work together. Here he discusses this fascinating book with Dr Raj Persaud and outlines a future revolution in the treatment of depression. **CPD credits: 0.5**



Module *A guide to clinical ethics in psychiatry*

In every psychiatrist's career ethical uncertainty will arise. In these situations, an understanding of ethical principles is essential in reaching (and defending) a decision. Furthermore, having access to a clinical ethics committee where outside experts can provide guidance can lead to better care and provide professionals with advice and peace of mind when making difficult decisions. This module provides a fast primer in ethical principles and sets out how to start and use a clinical ethics committee. **CPD credits: 1.5**



Podcast *Immigration and crime: is there a link?*

Is there a connection in Western society between rates of immigration and rates of crime? How much of our understanding in this area is based on fact, and how much are we influenced by the media? In this podcast, Raj Persaud talks to Professor Charis Kubrin about her wide-ranging research on immigration, crime, gated communities and rap music, and discusses her fascinating findings in these areas. **CPD credits: 0.5**



Podcast *The tyranny of metrics*

In a society where so many organisations measure performance and success numerically, have we become fixated on metrics and blind to the facts? In this podcast, Professor Jerry Muller talks to Dr Raj Persaud about how our zeal to instil the evaluation process with scientific rigor could potentially threaten our quality of life and our most important institutions. **CPD credits: 0.5**

