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CPD eLearning The College also publishes an interactive online learning facility for CPD in psychiatry. Further details, sample modules and subscription information can be viewed at <https://elearninghub.rcpsych.ac.uk>.

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New from CPD eLearning

The online resource for mental health professionals

CPD eLearning (formerly CPD Online) is a resource provided by the Royal College of Psychiatrists for mental health professionals, housed on our new eLearning Hub.

CPD eLearning offers a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. During the pandemic, there will be no limit on eLearning that can be counted for CPD; it will be possible for ALL 50 CREDITS to be obtained in this way. Access to the modules is through annual subscription, but we also offer a series of free modules and podcasts for you to trial first.

For more information, visit CPD eLearning on the eLearning Hub: <https://elearninghub.rcpsych.ac.uk>
BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

[View related CPD eLearning content](#)

Recent modules and podcasts

Podcast Depersonalisation-derealisation disorder

Depersonalisation-derealisation disorder (DDD) is often not well understood or recognised, despite its prevalence. In this podcast, Dr Howard Ryland, Deputy Editor of CPD eLearning, discusses the disorder with Dr Elaine Hunter and Prof Anthony David as well as Krishna, who shares her experiences of having been diagnosed with DDD. **CPD credits: 0.5**

Podcast Social prescribing

As part of the Royal College of Psychiatrists' Sustainability Series, this podcast is a discussion between CPD eLearning's Trainee Editor, Dr Nadia Imran, and the Royal College of Psychiatrist's lead on social prescribing, Dr Katherine Kennet. **CPD credits: 0.5**

Module Improving access, experience and outcomes for people living with dementia from ethnic minority communities

Reports show that people from ethnic minority communities are less likely to get an early or 'timely' diagnosis, access to treatment or receive support when diagnosed. This module is designed to help improve the access to, experience of and outcomes from dementia care in England in order to close the health inequalities gap. **CPD credits: 2**

Module An introduction to evolutionary psychiatry

This module aims to introduce the concept of evolutionary psychiatry and its fundamental principles and practical applications before signposting you to further resources to increase your knowledge of this exciting approach. **CPD credits: 1**

Module Diabetes and the psychiatrist: optimising patient care

In this module, Dr Anne Doherty and Dr Tomás Griffin recap the evidence-based treatment of diabetes and the importance of optimising glycaemic control, as well as the role of the management of comorbid mental disorders (depression, psychosis and eating disorders) in helping patients to attain this. **CPD credits: 1**

Module Premenstrual Dysphoric Disorder (PMDD)

It is important for psychiatrists working with premenopausal women and adolescents to be aware of PMDD, how it may present and the role of the psychiatrist in its management. This module provides an overview of PMDD and considers specifically the interface between PMDD and mental health services, including first-hand accounts from people with lived experience. **CPD credits: 1**

Other recently published CPD eLearning podcasts (each worth 0.5 CPD credits and freely accessible) include:

- Mental health in Ukraine
- The psychology of the Ukrainian soldier
- The impact of COVID-19 on maternal mental health
- Are you ignorant about the pandemic?
- Lost in thought: can intellect save you in a pandemic?
- The psychology behind mathematical modelling of epidemics
- Managing alcohol withdrawal in acute in-patient psychiatry
- Coping with the 'pointless suffering' of COVID-19
- Re-reading Camus's 'The Plague' in pandemic times
- Obedience to authority – lessons from Milgram applied to COVID-19
- Mental Health Tribunals: response to the COVID-19 emergency
- How do we lead effectively through the COVID-19 pandemic?
- Working with patients remotely
- Ethical considerations arising from COVID-19
- COVID-19: Isolation and loneliness – is there a 'social cure'?
- Psychosocial response to epidemics – lessons from Ebola applied to COVID-19
- Surviving the trauma: post-traumatic stress disorder in relation to COVID-19
- The psychology of the virus 'super-spreader'
- The psychology of coping with quarantine
- The psychology and psychiatry of pandemics
- Autism and mental health.