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## Cover picture

*Heroes vs Villains* (2000).  
Lisa Biles (b. 1977)

Lisa has been drawing and painting for most of her life, but started taking it seriously when she studied art at school. She went on to achieve a Fine Art degree at Buckinghamshire Chilterns University College. Lisa writes: 'For me, my art is the only form of communication I feel comfortable with. Having suffered from anorexia nervosa, I have constantly found it difficult to communicate with society. I chose to isolate myself and create my own world where I become powerful, victorious and in control. The two figures in this piece represent the good and evil/positive and negative, the Yin and Yang battles within one's mind. The vulnerability of the uncared for doll contrasts with the worshipping of the false hero and the misplaced belief that the hero will protect'.



We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).