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Introduction

A patient page is a document describing a disease in easy-to-understand, layperson's terms. It is considered important in motivating patients and their relatives to engage in treatment. Patient pages are distributed widely in many areas of health care and typically present general information about a disease and its treatment.

Aim

We believe that the value of a patient page would be improved, if the information was placed in the context of the patient's personal clinical data. We call this a personalized patient page.

Method and Results

The idea of a personalized patient page is fairly new, and until now it has not been applied to the treatment of persons with mental illness. With this in mind, we developed an example of a personalized patient page for a fictional patient with depression (see sample page). When the page is implemented in the clinic, we envisage that it would be generated automatically when results from an examination are recorded in the patient's file. Furthermore, the page could be delivered to the patient's e-mail inbox or smartphone application, and the page could have an interactive design. For example, if the patient wishes to clarify or know more about 'minor depression,' he or she would click on that term and the relevant information would be displayed.

Conclusion

We predict that implementing a personalized patient page in the treatment of persons with mental illness will promote patient engagement in treatment, motivate patients to take responsibility, and lead to greater satisfaction with patient-doctor communication.

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Measurement of depression

Hamilton D-17 test results

About this test

This test is used to measure the degree of depressive mood

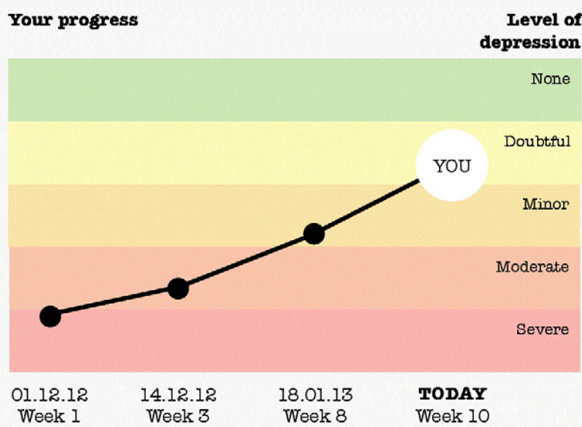
1. Patient info

Name: Anders Andersen
Gender & Age: Male, 47
DOB: 12.12.65

Therapist info

Ordered by: Dr. Stevenson
Scorings made: 02.02.13
Evaluated: 03.02.13

2. Your progress



3. What does your results mean?

Your condition has improved.

What can you do?

Continue with DepMed 30mg/day.
Increase exercise to daily 30min walks.
Try not to sleep during the day.

What is next?

We have scheduled a new consultation for you the 3rd of March 2013, with Dr. Stevenson, Therapist Rd 134.

In case of emergency

Call psychiatric emergency ward on 034 456 214 563