

## P01-127 - 'OVERWHELMING INCIDENCE OF POSTTRAUMATIC STRESS DISORDER AND ITS BURDEN TO SOCIETY' CAN HAVE A FUTURE CONTROL OVER MODERN WARFARE

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**Objectives:** To point out to the medical community who believes in, 'Prevention is better than cure' that the alarming report of cause of sudden increase in PTSD sufferers, especially in young war veterans is very clear. The memory of human suffering imprints an indelible legacy in the minds of the young people for the rest of their life ultimately voiding them into a life of social burden. As health workers like always and ironically we deal with the victims of various socio-political decisions made by world leaders, dictators and even by the terrorists. Now do we think it's a time to give a lonely message to all that 'war should be stopped?'

**Methods:** This is a personal audit on studying over 500 news reports and published papers written on PTSD incidence after a major war in the last decade.

**Results:** Remove the cause PTSD will be eradicated. On the other PTSD victims i.e. abused in childhood, rape victims, road traffic accident victims or witnesses, fire fighters, policemen we hardly can manoeuvre in the field of prevention. However weak it is; we can give a message to the warring powers to save youngsters from future PTSD.

### Conclusions:

- PTSD is preventable but has very bleak curative achievement.
- We should not deprive our youngsters of the peaceful life, most of us are enjoying in our 40s, 50s and 60s.
- European congress can raise a voice against the proven cause of PTSD.