

P02-398 - THERE´S SOMETHING STRANGE ABOUT MY BODY

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This case report is about a 34 year old woman psychologist. She looked for a plastic surgeon for a breast reduction. She was feeling different, in an “*obviously deformed*” body, experienced as weird and far from her ideal. She was submitted to a psychological assessment witch reiterated the “*low self- esteem and the surgery´s benefits in order to improve the sexual self-concept*”.

However, something failed. The symptoms isolated her in a world of her own and started escalating. In her family there were “*multiple cases of psychosis*” and her past psychiatric history was suggestive of a total lack of insight leading to an extremely irregular compliance to medication.

Right after the surgery, she presented with a firm belief: she had been “*sexually abused during surgery*” and her body had been used for “*satanic rituals*”. She decided to meet the plastic surgeon the day after the surgery and during the interview she wounded herself ripping the breast gauzes and by accident breaking the sutures of both nipples.

Her acute distress led to a compulsive acute psychiatric inpatient admission.

In summary, this case report is about a 34 year-old woman who developed a persecutory/mystical delusion after a breast reduction surgery. She was admitted to our acute inpatient ward after a mental health act psychiatric assessment.

The multidisciplinary interventions planned in order to prevent new plastic surgeries in the short-term (the patient still expresses the will to submit herself to a new series) will be described.