

## BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY

Chairman: Dr. A. Whitehead (Reading)

Chairman Elect: Dr. J. Marzillier (Birmingham)

Honary Treasurer,

Mr. I. Burnside,  
Dept. of Psychology,  
Pinderfields Hospital,  
Wakefield, Yorkshire.

Membership Secretary:

Mr. H.W. Lomas,  
Craig House,  
Bank Street, Bury.  
BL0 OBA.

Honorary Secretary:

Mr. J. Ferguson,  
Dept. of Psychology,  
Hartwood Hospital,  
Hartwood, Lanarkshire.

Founder President:

Dr. V. Meyer

The British Association for Behavioural Psychotherapy was founded in 1972. It is a multidisciplinary organisation and full membership is restricted to members of the helping professions — psychiatrists, psychologists, social workers, nurses, probation officers, teachers, etc. It's aim is to promote the advancement of the theory and practice of behavioural psychotherapy.

### SUBSCRIPTION RATES

The membership fee is £4 per year if paid by standing order or £5 per year if paid by cheque. "Behavioural Psychotherapy" is free to B.A.B.P. members, £4.00 per year for non-members and £5.00 per year for libraries and other institutions.

### B.A.B.P. BRANCH SECRETARIES

#### LONDON

Miss L. Parkinson,  
Dept. of Psychology,  
Institute of Psychiatry,  
DeCrespigny Park,  
London SE5 8AF

#### BIRMINGHAM

Mr. P. McGinnis,  
Reg. Beh. Res. Unit,  
Hollymoor Hospital  
Northfield,  
Birmingham.

#### CARDIFF

Dr. A. Kellam,  
Whitechurch Hospital,  
Whitchurch,  
Cardiff CF4 7XB

#### OXFORD

Mr. D. Costain,  
Dept. of Clin. Pharm.,  
Radcliffe Infirmary,  
Oxford.

#### LEEDS

Mr. I. Burnside,  
Dept. of Clin. Psych.,  
Stanley Royd Hospital,  
Wakefield, Yorks.

#### MANCHESTER

Mr. R. Curtis,  
Dept. of Psychology,  
Birchill Hospital,  
Rochdale, Lancs.

#### WESSEX

Mr. R. Holland,  
Royal Victoria Hospital,  
Netley Abbey,  
Southampton.

#### NORTH WALES

Dr. P. Woods,  
Broughton Hospital,  
Broughton,  
Clwyd.

#### WEST SCOTLAND

Ms E. O'Shaughnessy,  
Psychology Department,  
Gartnavel Royal Hospital,  
Lansdowne Clinic,  
Gt. Western Road,  
Glasgow G12 0AA

Copyright (C) 1978 B.A.B.P.

Unless otherwise stated, the views expressed in this Journal are those of the contributors and not necessarily those of the Executive Committee.

Printed in England by the Granby Press Ltd.

ISSN 0141-3473