

## The Silent Girl

C. Gonzalez Macias<sup>1</sup>, M. Gordillo Montaña<sup>1</sup>, J. Cala Gonzalez<sup>1</sup>, D. De la Vega Sanchez<sup>1</sup>

<sup>1</sup>Huelva, Hospital Juan Ramon Jimenez, Bellavista, Spain

---

### INTRODUCTION:

Depression is a common psychiatric disorder that often begins in childhood or adolescence. The child and adolescent depression can have a varied and so different from the adult presentation. It can be seen attitudes of isolation, sadness, withdrawal, restlessness and irritability. And we can relate it to emotional disorders such as hyperactivity, aggressive behavior, psychosomatic disorders, hypochondriasis and tendency to antisocial behavior.

### OBJECTIVES:

Illustrated by a case the variables that influence the clinical course and therapeutic management of the case

### METHODOLOGY:

Exhibition of a case and a brief review of the literature.

### RESULTS:

We describe the case of a teenager 12 years old with a history of OCD, which is entered in day child and adolescent Hospital, to present a picture of silence and a retracted and bent on itself attitude, without lifting your face or fix the look, making interpretations and delusional perceptions of prejudice structured and focused on the family.

### CONCLUSIONS:

Early identification and effective treatment and may reduce short-term morbidity of depressive disorders in adolescence, and improve long-term outcomes.

### REFERENCES:

1 Fleming JE, Offord D R. Epidemiology of childhood depressive disorders: a critical review. *J Am Acad Child Adolescent Psychiatry* 1990; 29: 571-80.

2 Carlson GA, Kashani J H. Phenomenology of major depression from childhood through adulthood: analysis of three studies. *Am J Psychiatry* 1998; 145: 1222-5