

## Let's Keep Looking for Other Roads: Improving Approaches to Identifying and Addressing Key Drivers

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Cucina, Walmsley, Gast, Martin, and Curtin (2017) provide several valid criticisms of survey key driver analysis (SKDA), which is an approach used to identify causes of important employee and organizational outcomes, such as job satisfaction or employee engagement. The authors then propose a new approach that consists of the following four steps:

- Step 1: Identify targets for intervention
- Step 2: Develop hypotheses to explain survey results
- Step 3: Design organizational interventions
- Step 4: Implement the intervention

When reading their new approach, I could not help but think they were reinventing the wheel, except they were replacing a triangular wheel with a square wheel. That is, the authors were certainly not misguided in providing suggestions beyond SKDA, but I felt that they may have overlooked many best practices of relevant research domains. In the following, I provide some suggestions for methods to improve their approach. My suggestions may not create a circular wheel, but they further the rounding process.

### **Step 1: Identify Targets for Intervention**

To identify intervention targets, Cucina et al. (2017) suggest that practitioners should compare organizations' responses on individual items and scales to identify those that scored substantially lower than others. Although a

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valuable approach, this suggestion overlooks prior research on organizational needs assessment (Barbazette, 2006; Cekada, 2010).

McClelland (1993) presents an 11-step approach for conducting a needs assessment, which begins with defining assessment goals, includes reviewing and selecting assessment methods and instruments, and ends with presenting findings and recommendations. Brown (2002) provides a four-step approach that begins with gathering data using multiple methods to identify needs, and it ends with transitioning the assessment outcomes into intervention creation. The classic work of McGehee and Thayer (1961) suggests that needs analyses should contain three facets: organization, operations, and person analyses. The suggestions of Cucina et al. to identify intervention targets include barely any of these steps or facets.

Although practitioners should review these articles and others, I suggest that a particular focus should be placed on needs assessments regarding the questions of why, who, how, when, and what (Barbazette, 2006; Cekada, 2010), which can address the following uncertainties:

Why: Why should we perform an intervention? Is there a concern? Is the benefit of the intervention greater than its cost?

Who: Who should be included in the intervention? Who is at risk and who is already in need?

How: How can the concern be fixed? Is an intervention the best approach? Or is broader organizational change needed?

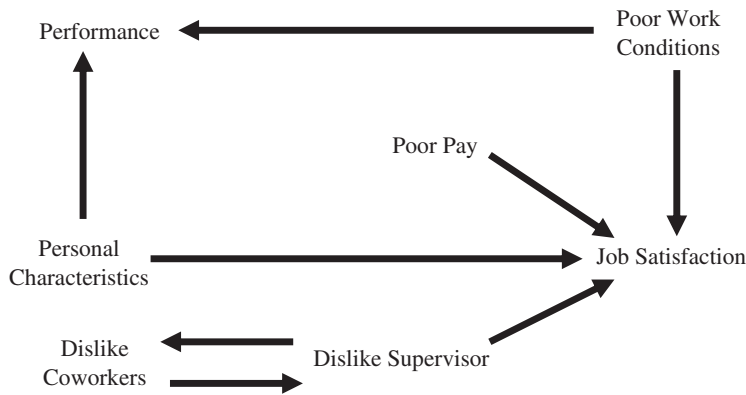
When: When should an intervention be applied? Does the concern change over time?

What: What else is needed before identifying key drivers and developing hypotheses?

Of these five questions, the suggestions of Cucina et al. only focuses on “why” and “who.” If needs analyses are not performed in a comprehensive and systematic manner, then practitioners may identify key drivers and develop interventions for organizational concerns that are not best addressed through an intervention—or may not actually exist at all.

### **Step 2: Develop Hypotheses to Explain Survey Results**

To generate hypotheses about the causes of low scores on outcomes, Cucina et al. suggest that practitioners review the industrial and organizational (I-O) psychology literature, benchmark the organization’s policies and practices against similar organizations, and/or conduct qualitative research. The authors do not suggest the use of quantitative methods, perhaps in an effort to distance their approach from SKDA; however, I believe that this is an oversight. Many quantitative methods can be used to develop hypotheses in conjunction with the suggestions of Cucina et al.



**Figure 1. Example perceived causal results of job satisfaction.**

Perhaps the most relevant is causal network analysis (Lunt, 1988, 1991; Lydon, Howard, Wilson, & Geier, 2015; White, 1995). Network analysis is a method to depict the links between certain entities and/or concepts. When applied to causal beliefs, network analysis is able to gauge the perceived causal structure of participants regarding a particular outcome. For instance, Lunt (1988) used network analysis to identify the perceived causal structure of students' examination failure, discovering that students perceived poor time allotment and poor concentration as more proximal factors to exam failure than limited intelligence or biased teachers. The same analysis could be applied to develop hypotheses about the causes of low scores on outcomes of interest.

To perform a causal network analysis, participants are asked to indicate the strength of all one-directional relationships between certain entities and/or concepts using a provided scale. For instance, a researcher could provide participants with an  $8 \times 8$  matrix with each of eight entities or concepts representing a respective column and row. Participants could be asked to use a one (*does not predict at all*) to seven (*completely predicts*) scale to indicate the extent that each entity/concept listed in the row predicts the entity/concept listed in the column. Then, participants' responses could be analyzed to develop a causal network of the provided entities/concepts, and relationships that meet a certain threshold could be included in the final causal network. To demonstrate the utility of causal network analysis, Figure 1 includes an example perceived causal structure of job satisfaction that is similar to actual results that could be obtained via the method.

Two further notes should be made about causal network analysis. The method can be applied to relatively small sample sizes, which may cause concern with SKDA. White (1995) used causal network analysis with a

sample of 50 participants, Lunt (1991) used a sample of 44 participants, and Lunt (1988) used a sample of 23 participants. Also, the entities and/or concepts must be provided by the practitioner. For this reason, it is essential for practitioners to perform an initial literature review or even a qualitative investigation to identify a set of entities and/or concepts to include. This may be a benefit of the approach, however. Forcing practitioners to perform an initial literature review or qualitative study ensures the triangulation of methods, which would aid in ensuring the validity of results through multiple approaches.

Also, it may be best to not “throw the baby out with the bathwater” and discard SKDA entirely. Even flawed methods can provide incremental information when used in conjunction with other approaches, and SKDA could still be used to identify certain causes of low outcome scores. For this reason, I emphasize that a greater focus should be placed on the triangulation of approaches when developing hypotheses, such as the simultaneous application of prior theory, prior praxis, qualitative methods, and quantitative methods. If convergence can be obtained with multiple methods, then we can be more certain in the accuracy of our results.

### **Step 3: Design Organizational Interventions**

Cucina et al. (2017) did not provide *any* suggestions for designing organizational interventions, which is perhaps the most important aspect of their entire approach. I found this unfortunate, as many important developments in intervention creation have been made fairly recently—many occurring in the training literature (Gully & Chen, 2010; Howard & Jacobs, 2016).

In the traditional approach, an intervention is created and subsequently evaluated through a randomized confirmatory trial, which places an almost sole focus on the intervention *evaluation* process rather than the intervention *creation* process. It also forces practitioners to analyze the entire omnibus intervention rather than the individual components that compose the intervention. Howard and Jacobs (2016) recently detailed two sophisticated approaches to design an intervention—the multiphase optimization strategy (MOST) and the sequential multiple assignment randomized trial (SMART)—which overcome both of these concerns.

MOST includes four primary phases. The first is the Creation phase, in which the initial intervention is created. The second is the Screening phase, in which each component of the intervention is tested through a full or fractional factorial design. Effective components are retained, and ineffective components are removed. If no components are retained, then the process is restarted. The third phase is the Refining phase, in which the optimal delivery of each component is tested. For example, if a component is a group

discussion, a 2-hour group discussion may be compared against a 1-hour group discussion. The fourth phase is the Confirming phase, in which the optimal delivery of each retained component is tested together against an alternative group to ensure the overall effectiveness of the intervention. Through this process, each individual component of the intervention is tested and possibly modified before the entire intervention is tested together, resulting in a greater focus on the intervention creation process rather than the intervention evaluation process.

Alternatively, SMART is used to create a time-varying adaptive intervention. To do so, participants are randomly assigned to an initial intervention component. Then, they are often evaluated on a particular characteristic, such as motivation, but it is not used to determine their subsequent assignment to a component. Instead, participants are randomly assigned to a second intervention component. The process is repeated until all components of interest are included. From the results of this process, the best sequencing of intervention components can be determined. Perhaps more importantly, interactions between certain components and participant characteristics can be identified. For instance, those with low motivation may be resistant to certain components, and these participants may need an intensive component to initiate progress. Once the process is complete, the finalized time-varying adaptive intervention can be tested in a traditional randomized confirmatory trial to ensure its overall effectiveness. Like MOST, SMART also places a greater focus on the intervention creation process through testing individual components before the final omnibus comparison.

Both of these methods have already been applied extensively to create public health interventions (Almirall, Compton, Gunlicks-Stoessel, Duan, & Murphy, 2012; Collins, Murphy, & Strecher, 2007), and Howard and Jacobs (2016) provide several suggestions regarding relevant areas of industry and government that are prime for the application of MOST and SMART. Although MOST and SMART are effective methods to develop an intervention, they only represent two of many approaches. I hope that future practice applies these more sophisticated methods to develop effective interventions.

#### **Step 4: Implement the Intervention**

Cucina et al. (2017) suggest using a two-group, posttest design to test the effectiveness of a created intervention, which can be considered a randomized confirmatory trial. The authors' evaluation method was derived from the classic suggestions of Cook, Campbell, and Day (1979) but they ignore developments in experimental and quasi-experimental designs of the past 40 years—many again occurring in the training literature (Cascio & Aguinis, 2005; Shadish, Cook, & Campbell, 2002).

Sackett and Mullen (1993) drew attention to the two most common questions in evaluating an intervention: (a) “How much change has occurred?” and (b) “Has a target outcome level been reached?” If the former is of interest, then practitioners can apply a two-group design. If the latter is of interest, practitioners can suffice with a single-group design. For example, if practitioners simply wish to create an intervention that results in 95% of employees being satisfied with their jobs, then a comparison group is not required to determine whether 95% of employees are satisfied with their jobs after the intervention. Of course, this method has various concerns, but it can provide importance inferences when needed.

Whether using these one- or two-group designs, Cascio and Aguinis (2005) provide seven possible research designs to test the effectiveness of an intervention. These experimental and quasi-experimental designs differ on the number of measurement occasions and experimental groups, allowing each design to address certain possible biasing factors when drawing conclusions. More importantly, these seven designs draw attention to the many additional methods available to test the effectiveness of a created intervention beyond the two-group posttest design.

Furthermore, many other innovative methods have been created to evaluate an intervention. Certain formative evaluations can be used to provide initial support for the effectiveness of an intervention with extremely small sample sizes, such as three participants (Brown & Gerhardt, 2002; Saroyan, 1992), and Yang, Sackett, and Arvey (1996) provide several suggestions regarding methods to evaluate training programs while reducing organizational costs—a concern that was not noted by Cucina et al. (2017). Regardless of the methodological approach, practitioners should always strive to apply multiple measures with satisfactory psychometric properties and demonstrated validity. In doing so, the multidimensional and hierarchical nature of many personal and organizational outcomes should be recognized, which would result in more accurate inferences about the effectiveness of an intervention.

## Conclusion

Cucina et al. (2017) should be applauded for drawing attention to current methodological approaches of I-O psychology practitioners. SKDA has notable concerns. To improve beyond prior approaches, however, best practices that have already been identified by prior authors should be incorporated into new approaches. There is no need to reinvent the wheel. Or, at least, there is no need to reinvent the wheel from all new parts. I hope that practitioners adopt the approaches suggested in the current article, and I hope that future researchers continue to develop the methods and

processes detailed by Cucina et al. as well as those proposed in the current commentary.

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