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HYPNOSIS AND ADDICTIONS: A TWO CASES REPORT

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The addiction's problems are more and more frequent at the psychaitric's consultation. Alcoholism and drug-addiction are the two types of addictions most frequently found.

The bases of addiction's therapy are the weaning of the product, and the consolidation of weaning or the avoidance of the relapses. the results remain however very heterogeneous and sometimes disappointing. The usual therapies seem little adapted to the dynamics of addictive pathology, and the rechuttes are increasingly frequent, in the same way the risk of replacement of a symptom by another is not excluded.

Can hypnosis help certain people to release their addictions? Hypnosis allows the subject the reinvestment its senses, as well as a modification of its relationship with the outside world. The patient can thus, to fall under a dynamics of change permattant to him to start a process of opening and exceeded the stage or it was solidified and locked up with the toxic product.

Few work were carried out in the field of the assumption of responsibility patients suffering from drug-addiction and addictions under hypnosis.

The objectives of this work is to study, through the illustration of two clinical cases of our daily practice, the place of hypnosis to help patients suffering from addcitives pathologies.