

B.A.B.P. BULLETIN

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BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY

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The British Association for Behavioural Psychotherapy was founded in 1972. It is a multidisciplinary organisation and full membership is restricted to members of the helping professions - psychiatrists, psychologists, social workers, nurses, probation officers, teachers, etc.

Objects of the Association

- (a) To promote the advancement of the theory and practice of behavioural psychotherapy, in particular the application of experimental methodology and learning techniques to the assessment and modification of maladaptive behaviour in a wide variety of settings.
- (b) To provide a forum for discussion of matters relevant to behavioural psychotherapy.
- (c) To disseminate information about and provide training for behavioural psychotherapy, by organising conferences, courses, and workshops or by other means.
- (d) To print, publish and circulate newsletters, reports and other publications containing articles, information and news relating to behavioural psychotherapy.
- (e) To make representation to, and to establish and maintain liaison with, public and professional bodies.
- (f) To foster and promote research into behavioural psychotherapy, and related matters.
- (g) To establish and organise, regional or specialist branches in order to promote the objects of the Association and to provide a service to members.
- (h) To encourage and assist in training in behavioural psychotherapy.
- (i) To study matters of concern to behaviour therapists and to take such action as is consistent with the objects of the Association and in the public interest.

B. A. B. P. BULLETIN
VOLUME 3 NUMBER 4 SEPTEMBER, 1975

CONTENTS

	Page
Editorial	61
Potential Roles for Social Workers in Behavioural Psychotherapy - Barbara Hudson	62
Some Issues in Smoking Modification Research - Martin Raw	65
How Do Patients Perceive Behavioural Psychotherapy - Geoff Shepherd.	69
A Brief Note on Self-Control - John S. Marzillier	71
Notes from the A.G.M.	72
The Roles of Models in Psychiatry - V. Meyer	75
Assessment Measures in Obsessional Illness - Robin Philpott	76
The Medical Student as Behavioural Psychotherapist - R.S. Ste	
R.S. Stern	77
Self-Talk in Depression - John Teasdale.	77
A Behavioral Approach to the Modification of Rape - W.L. Marshall and S. Williams.	78
Correspondence, Book Reviews, Branch Activities, Announcements.	79,81,83,84

EDITORIAL

It is both appropriate and timely to publish an edited version of Barbara Hudson's paper - "Potential roles for social workers in behavioural psychotherapy" - which was well received by participants in the symposium on "Delivery Systems for Behavioural Psychotherapy" at the AGM in York. We would welcome similar articles from other social workers, probation officers, community nurses, child care workers, teachers, educational psychologists, or anyone else who is introducing behavioural techniques to a relatively new field. The B.A.B.P. is, after all, an inter-disciplinary body and it is desirable that the pages of this Bulletin should reflect this inter-disciplinary nature.

At the time of going to press, we have not heard from all the Branch Secretaries regarding their programmes for 1975/76. Readers of the Bulletin who are interested in B.A.B.P. activities in their own area should contact Branch Secretaries whose addresses are given inside the back cover.

Originally, we had decided to fight shy of case studies and research reports, and to concentrate instead on examining basic issues of both a practical and a professional nature. We have now reconsidered this policy. As there are very few journals which publish single case-studies, we have decided that we will be prepared to do so in future issues. Priority will be given to well written studies which document a development in technique, or describe the application of a standard technique in a novel situation. Studies which pinpoint difficulties encountered in intervention will also be welcome. We rely on B.A.B.P. members to inform us of their views on this development.

William Yule
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