

with protocols is problematic. A similar problem has been described in a study from Belgium, where 234 different regimens were used in the antimicrobial prophylaxis of 19,746 surgical patients.²² Duration of prophylaxis in our study was ≤ 24 hours in 91% of patients. Following inappropriate omission, the most commonly detected error was too long postoperative administration of antimicrobials. There is a major misconception among many surgeons about the need for prolonged postoperative use of antimicrobial prophylaxis in preventing operative-site infections.²³ There are abundant data to show that prolonged postoperative dosing of antimicrobials does not provide additional benefit.⁸ The results of the study were discussed with the surgical teams, accentuating department-specific errors. A follow-up audit is currently being planned.

In summary, this prospective audit of 1,631 surgical procedures revealed that 85% of patients received appropriate surgical prophylaxis. However, 31% of those who did not receive prophylaxis should have received it. In patients receiving antimicrobials, the most common mistake was prolonged prophylaxis (>24 hours). Predictors of procedures for which prophylaxis was inadvertently omitted were identified; performance varied widely among departments. Feeding this information back to surgeons could improve adherence to recommended guidelines and may contribute to reduced wound infection rates. The repetitive conduct of audits of surgical prophylaxis probably should be part of the routine activity of infection control teams.

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Epidemiology of Catheter-Associated Bloodstream Infections

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Gastmeier and coinvestigators from the Institut für Hygiene, Freie Universität Berlin, Germany, report that the incidence of catheter-associated primary bloodstream infections (BSIs) in Germany, as defined by the CDC, has been determined on the basis of (1) a national prevalence study (NIDEP) in a representative sample of 72 hospitals, and (2) an incidence study in which data about the use and duration of insertion of central venous catheters (CVC) and of

catheter-associated BSI were collected from 25 ICUs participating in the hospital infection surveillance system (KISS+) and analyzed.

The first study showed primary BSI to be the fourth most frequent nosocomial infection (8.3% of all nosocomial infections). With an ICU prevalence of 2.1%, primary BSI comprises 12.8% of all nosocomial infections observed in ICU patients. The second study showed a 60.4% prevalence of CVC use in German ICUs. An analysis of 55,400 CVC-days in 14,988 ICU patients in the KISS hospitals yielded 2.2 CVC-associated BSIs per 1,000

CVC-days (CI₉₅, 1.8-2.6). The rates of CVC-associated BSI on individual hospital wards were very variable and indicate a reduction potential. A reduction in the number of infections of approximately one third would prevent 1,000 to 1,400 deaths due to CVC-associated BSI annually, as well as approximately 40,000 to 60,000 extra days of hospital stay and the associated costs.

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