CNS SPECTRUMS The International Journal of Neuropsychiatric Medicine

The international Journal of Neuropsychiatric Medicine

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Body Dysmorphic Disorder: Conceptualization and Treatment

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ORIGINAL RESEARCH

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U. Buhlmann, S. Wilhelm, R.J. McNally, et al

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CNS Spectrums c/o PPS Medical 264 Passaic Ave. ORIGINAL RESEARCH

Computerized Perceptual Analysis of Patients with Body Dysmorphic Disorder

J.A. Yaryura-Tobias, F. Neziroglu, R. Chang, S. Lee, A. Pinto, and L. Donohue

Pharmacologic Treatment of Body Dysmorphic Disorder: Review of the Evidence and a Recommended Treatment Approach K.A. Phillips

A Review of Cognitive and Behavior Treatment of Body Dysmorphic Disorder

F. Neziroglu and S. Khemlani-Patel



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In a teratology study in rabbits, an increased incidence of postimplantation fetal loss occurred in dams exposed to 60, 300 and 1500 mg/kg/day, or less than approximately ¼ to 8 times the maximum human dose on a mg/m² basis. There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Use in **Nursing Mothers** Gabapentin is secreted into human milk following oral administration. A nursed infant could be exposed to a maximum dose of approximately 1 mg/kg/day of gabapentin. Because the effect on the nursing infant is unknown. Neuronim* should be used in women who are nursing only if the benefits clearly outweigh the risks. **Pediatric Use** Effectiveness in pediatric patients below the age of 3 years has not been established (see CLINICAL PHARINACOLOGY, Clinical Studies). **Geriatric Use** Clinical studies of Meuronitin did not include sufficient numbers of subjects aged 65 and over to determine whiten they responded differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger grange, reflecting the greater frequency of decreased hepaic, renal, or cardiac function, and of concomitant disease or other drug therapy. This drug is known to be substantially excreted by the kidney, and the risk of loxic reactions to this drug may be greater in patients with imparied renal function. Because elderly patients en more likely to have decreased teral function, care should be taken in dose selection, and it may be useful to monitor renal function (see CLINICAL PHARIMACOLOGY, ADVERSE REACTIONS, and DOSAGE AND ADMINISTRATION sections). **ADVERSE REACTIONS**

ADVERSE REACTIONS

The most commonly observed adverse events associated with the use of Neurontin[®] in combination with other antiepileptic drugs in patients >12 years of age, not seen at an equivalent frequency among placebo-treated patients, were somolence, diziness, atavia, talique, and nyasigmus. The most commonly observed adverse events reported with the use of Neurontin in combination with other antiepileptic drugs in pediatric patients 3 to 12 years of age, not seen at an equal frequency among placebo-treated patients, were viral infection, lever, mauses and/or vomiting, somolence, and hostility (see WANINGS, Neuropsychiatric Adverse Event). Suproximately 7% of the 2074 patients >12 years of age and approximately 7% of the 449 pediatric patients 1 adverse avent. The adverse avent The adverse avent is most commonly associated with withdrawa in patients >12 years of age were somolence, 12%), ataxia (0.8%), latague (0.6%), nausea and/or vomiting (0.6%), and dizziness; (0.6%). The adverse events most commonly associated with withdrawa in patients >12 years of age were somolence (1.2%), lataxia (0.8%), latague (0.6%), latague (0.6%), nausea and/or vomiting (0.6%), and dizziness; (0.6%). The adverse events most commonly associated with weither antiencip pediatric patients were emotional lability (1.6%), hostility (1.3%), and hyperkinesia (1.1%). **Incidence in Controlled Clinical Trials** Table 1 lists treatment-emergent signs and symptoms that occurred in at least 1% of Neurontin[®] -treated patients >12 years of age with epilepsy participating in placebo-vas added to the patient's current antiepilepic drug therapy. Adverse events were usually mild to moderate in intensity. The prescriber should be aware that these figures, obtained when Neurontin[®] were dudie 1 practice where patient characteristics and other factors may differ from those prevailing during clinical studies. Similarly, the client frequencies cannot be directly compared with figures obtained when Neurontin[®] were dudie 1 preactice where patient chara The most commonly observed adverse events associated with the use of Neurontin® in combination with other antiepileptic

TABLE 1. Treatment-Emer	rgent Adverse Event Incidence in Controlled Add-On Trials in Patients >12 Years of Age	
(Events in at leas	t 1% of Neurontin patients and numerically more frequent than in the placebo group)	

(Events in at least 1% of wearontin patients and numericany more nequent than in the placebo group)					
Body System/ Adverse Event	Neurontin ^{®a} N=543 %	Placebo ^a N=378 %	Body System/ Adverse Event	Neurontin ^{®a} N=543 %	Placebo ^a N=378 %
Body As A Whole			Nervous System (cont	(h)	
Fatique	11.0	5.0	Tremor	6.8	3.2
Weight Increase	2.9	1.6	Nervousness	2.4	1.9
Back Pain	1.8	0.5	Dysarthria	2.4	0.5
Peripheral Edema	1.7	0.5	Amnesia	2.2	0.0
Cardiovascular			Depression	1.8	1.1
Vasodilatation	1.1	0.3	Thinking Abnormal	1.7	1.3
Digestive System			Twitching	1.3	0.5
Dyspepsia	2.2	0.5	Coordination Abnormal	1.1	0.3
Mouth or Throat Dry	1.7	0.5	Respiratory System		
Constipation	1.5	0.8	Rhinitis	4.1	3.7
Dental Abnormalities	1.5	0.3	Pharyngitis	2.8	1.6
Increased Appetite	1.1	0.8	Coughing	1.8	1.3
Hematologic and Lym	phatic Systems	1	Skin and Appendages		
Leukopenia	1.1	0.5	Abrasion	1.3	0.0
Musculoskeletal Syste			Pruritus	1.3	0.5
Myalgia	2.0	1.9	Urogenital System		
Fracture	1.1	0.8	Impotence	1.5	1.1
<u>Nervous System</u>			Special Senses		
Somnolence	19.3	8.7	Diplopia	5.9	1.9
Dizziness	17.1	6.9	Amblyopia ^b	4.2	1.1
Ataxia	12.5	5.6	Laboratory Deviations		
Nystagmus	8.3	4.0	WBC Decreased	1.1	0.5

^a Plus background antiepileptic drug therapy. ^b Amblyopia was often described as blurred vision.

This design on a more than 1% of patients > 12 wars of any but equally or more frequent in the placebo group included: headache, viral infection, fever, nausea and/or vomiting, abdominal pain, diarrhea, convulsions, confusion, insomnia, emotional lability, rash, acne. Arnong the treatment-emergent adverse events occurring at an incidence of at least 10% of Neuroniti-related patients, somolence and ataxia appared to exhibit la positive doser-response relationship. The overall incidence of adverse events and the types of adverse events seen were similar among men and women treated with Neuroniti's related batterints, somolence and ataxia appared to exhibit la positive doser-response relationship. The overall incidence of adverse events and the types of adverse events seen were similar among men and women treated with Neuroniti's metaese events increased sliphtly with increasing age in patients treated with elther Neuroniti's or placebo. Because only 3% of patients (28/921) in placebo-controlled studies were identified as norwhite (black or other), there are insufficient data to support a statement regarding the distribution of adverse events to ta 20 zeros of age with epilepsy participating in placebo-controlled trials and were numerically more common in the Neuroniti's events were usally mild to moderate in intensity. events were usually mild to moderate in intensity.

TABLE 2. Treatment-Emergent Adverse Event Incidence in Pediatric Patients Age 3 to 12 Years in a Controlled Add-On Trial

(Events in at least 2% of Neurontin patients and numerically more frequent than in the placebo group)

Body System/ Adverse Event	Neurontin ^a N=119 %	Placebo ^a N = 128 %	Body System/ Adverse Event	Neurontin ^a N=119 %	Placebo ^a N=128 %
Body As A Whole			Nervous System		
Viral Infection	10.9	3.1	Somnolence	8.4	4.7
Fever	10.1	3.1	Hostility	7.6	2.3
Weight Increase	3.4	0.8	Emotional Lability	4.2	1.6
Fatique	3.4	1.6	Dizziness	2.5	1.6
Digestive System			Hyperkinesia	2.5	0.8
Nausea and/or Vomiting	8.4	7.0	Respiratory System		
3			Bronchitis	3.4	0.8
			Respiratory Infection	2.5	0.8

^a Plus background antiepileptic drug therapy.

Other events in more than 2% of pediatric patients 3 to 12 years of age but equally or more frequent in the placebo group included: pharyngitis, upper respiratory infection, headache, rhinitis, convulsions, diarrhea, anorexia, coughing, and otitis media

media. Other Adverse Events Observed During All Clinical Trials Neurontin[®] has been administered to 2074 patients >12 years of age during all clinical trials, only some of which were placebo-controlled. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing. To provide a meaningful estimate of the proportion of individuals having adverse events, similar types of events were grouped into a smaller number of standardized categories using modified COSTART dictionary terminology. These categories are used in the listing below. The frequencies presented represent the proportion of the 2074 patients >12 years of age exposed to Neurontim[®]. All reported events are included except those already listed in the previous table, those too general to be informative, and those not reasonably associated with the use of the drug. Events are turther classified within body system categories and enumerated in order of decreasing frequency using the following delinitons: frequent diverse events are defined as those occurring in at least 1/100 patients; intrequent adverse events are those occurring in 1/100 to 1/1000 patients; rare events are those occurring in lever than 1/1000 patients. **Body As A Whole:** *Frequent*: asthenia, malaise, face edema, *Infrequent*: allergy, generalized

edema, weight decrease, chill; Rare: strange feelings, lassitude, alcohol intolerance, hangover effect. Cardiovascular System: Frequent: hypertension; Infrequent: hypotension, angina pectoris; peripheral vascular disorder, palpitation, tachycardia, migraine, murmur; Rare: atrial fibrillation, heart latiure, thrombophlebitis, deep thrombophlebitis, pericardia indi, heart block, pulmonary thrombosis, ventricular extrasystoles, bradycardia, prenature atrial contraction, pericardia indi, heart block, pulmonary embolus, hyperlipidemia, hypercholesteolemia, pericardial effusion, pericarditis. Digestive System: Frequent: ancreixa, latulence, gingviris; Infrequent giossitis; gunt hemorrhage, thirst, stomatitis, precased salvison, gastroenteritis, hemorrhoids, bloody stools; lecali incontinence, heatomeagly, Rare: dysphagi, eruclation, pancreatis, peptic ulcer, colitis, bisters in mouth, tooth discolor, perteche, salvary gland enlarged, lip hemorrhage, sophagitis, hiala hernia, hematemesis, procitis, irribable bowel syndrome redal hemorrhage, esophagitis, hiala hernia, hematemesis, procens, wornan failure, epididymitis, swollen testicle, cushingoid appearance. Hematologic and Lymphatic System: Frequent: purpura most often described as bruises resulting from physical traum; Infrequent arema, thrombocytopenia, lymphadropathy, Rare: WSE tourist, sorthologic, bursitis, contracture, arthritis, joint swilling, positive Romberg test; Rare: costochondritis, stepporosis, bursitis, contracture, arthritis, oint swillenes, joint swelling, positive Romberg test; Rare: costochondritis, stepporosis, bursitis, contracture, herrows System: Frequent vertioo, hyperkinesia, paresthesia, decreased or absent reliexes, increased reflexes, anxiey. Physical tablinë, investeries i construction de produced and the second model of the s DRUG ABUSE AND DEPENDENCE

The abuse and dependence potential of Neurontin® has not been evaluated in human studies.

OVERDOSAGE

A lethal does of gabapentin was not identified in mice and rats receiving single oral doses as high as 8000 mg/kg. Signs of acute toxicity in animals included ataxia, labored breathing, ptosis, sedation, hypoactivity, or excitation. Acute oral overdoses of Neuronini" up to 49 grams have been reported. In these cases, double vision, slurred speech, drowiness, lethargy and diarrhea were observed. All patients recovered with supportive care. Gabapentin can be removed by hemodialysis. Although hemodialysis has not been performed in the few overdose cases reported, it may be indicated by hemodialysis. the patient's clinical state or in patients with significant renal impairment.

DOSAGE AND ADMINISTRATION

DosAge TAND ADMINISTRATION Neurontim[®] is recommended for add-on therapy in patients 3 years of age and older. Effectiveness in pediatric patients below the age of 3 years has not been established. Neurontim[®] is given orally with or without food. **Patients >12 Years** of **Age**: The effective dose of Neurontim[®] is 900 to 1800 mg/day and given in divided doses (three times a day). Using 300- or 400-mg capsules or 600- or 800-mg tablets. The tsatring dose is 300 mg three times a day. It necessary the dose may be increased using 300- or 400-mg capsules of 600- or 800-mg tablets. The times a day using 300- at 400-mg capsules or 600- or 800-mg tablets. The times a day using a bolo mg/day. Dosages up to 2400 mg/day have been well tolerated in long-term clinical studies. Doses of 3600 mg/day have also been administered to a small number of patients for a relatively short duration, and have been well tolerated. The maximum time between doses in the TLD. Schedule should not exceed 12 hours. **Pediatric Patients Age** 3-12 **Years**: The starting dose should range from 10-15 mg/kg/day in 3 divided doses, and the effective dose reached by upward tittation over a period of approximately 3 days. The effective dose of Neurontin in patients 5 years of age and older. S2m 3/mg/kg/day and given in divided doses (three times a day). The effective dose in pediatric patients ages 3 and 4 years is 40 mg/kg/day and given in divided doses (three times a day). Cise C LINCLA EHARMACOLOGY. Pediatrics. Dosages up to 50 mg/kg/day have been well tolerated in a long-term clinical study. The maximum timerval between doses should not exceed 12 hours. This not necessary to monitor gabapentin plasma concentrations to optimic abl. Neurontim[®] they schrift, because there are no significant pharmacokinetic interactions among Neurontin[®] and other commony used antiepieptic dougs, the addition clearate is difficult to measure in outpatients. In patients with stable renal function, creating clearance (Cr) can be reasonably well est

for females CCr = (0.85)(140-age)(weight)/[(72)(SCr)]

for males Ccr = (140-age)(weight)/[(72)(Scr)]

where age is in years, weight is in kilograms and SC₁ is serum creatinine in mg/dL. Dosage adjustment in patients ≥12 years of age with compromised renal function or undergoing hemodialysis is recommended as follows:

TABLE 3. Neurontin® Dosage Based on Renal Function

© 2002 Pfizer Inc.

Renal Function Creatinine Clearance (mL/min)	Total Daily Dose (mg/day)	Dose Regimen (mg)
>60 30-60 15-30 <15 Hemodialvsis	1200 600 300 150	400 T.I.D. 300 B.I.D. 300 Q.D. 300 Q.O.D. 200-300°

^a Every other day, ^b Loading dose of 300 to 400 mg in patients who have never received Neurontin[®], then 200 to 300 mg Neurontin[®] following each 4 hours of hemodialvsis.

The use of Neurontin® in patients <12 years of age with compromised renal function has not been studied.

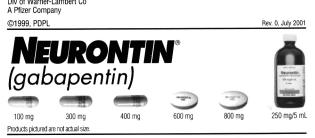
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NEURONTIN® (gabapentin) capsules NEURONTIN® (gabapentin) tablets NEURONTIN® (gabapentin) oral solution Before prescribing, please see full prescribing information. A Brief Summary follows.

INDICATIONS AND USAGE

Neurontin⁶ (gatapentin) is indicated as adjunctive therapy in the treatment of partial seizures with and without secondary generalization in patients over 12 years of age with epilepsy. Neurontin is also indicated as adjunctive therapy in the treatment of partial seizures in pediatric patients age 3–12 years.

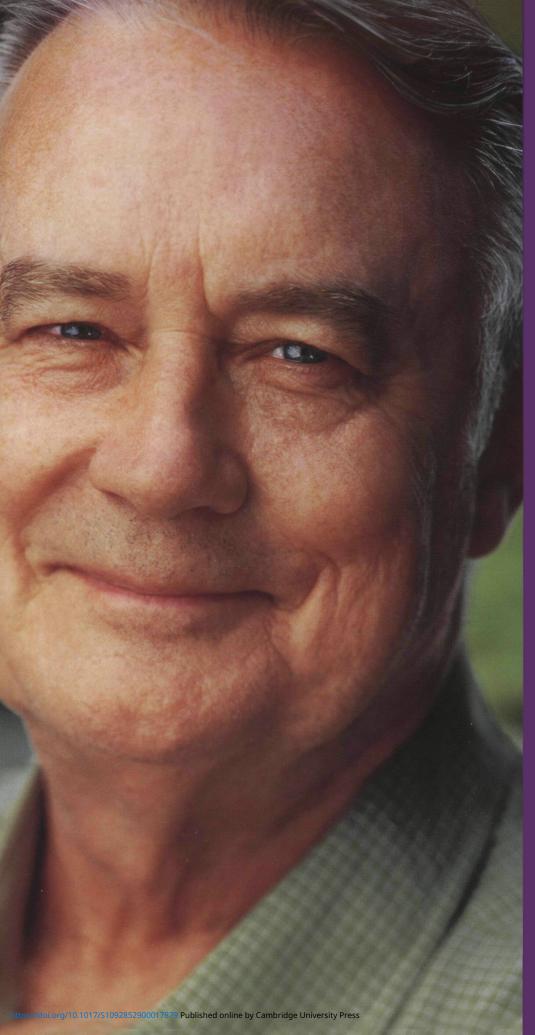
CONTRAINDICATIONS

Neurontin® is contraindicated in patients who have demonstrated hypersensitivity to the drug or its incredients. WARNINGS

WARNINGS
Weuropsychiatric Adverse Events—Pediatric Patients 3-12 Years of Age Gabapentin use in pediatric patients
with eplicepsy 3-12 years of age is associated with the occurrence of central nervous system related adverse events. The
most significant of these can be classified into the following categories: 1) emotional lability (primarily behavioral
problems), 2) hostility, including aggressive behaviors, 3) thought disorder, including concentration problems and
change in school performance, and 4) hyperkinesia (primarily relatisenses and thyperactivity). Among the gabapentintreated patients, most of the events were mild to moderale in intensity, in controlled trials in pediatric patients 3-12 years
of age the includence of these adverse events was: emotional lability 6% (gabapentin-treated patients) vs 1.3% (placebotreated patients); hostility 5.2% vs 1.3%, hyperkinesia 4.7% vs 2.9%, and thought disorder 1.7% vs 0%. One of these
events, a report of hostility and hyperkinesia and 0.9% of gabapentin-treated patients) vs 1.3% (placebotreated patients); hostility and hyperkinesia and 0.9% of gabapentin-treated patients (personal lability of increasing
seizure fraquency. In the placebo-controlled studies in patients >12 years of age, the incidence of these events,
a report of hostility on they perkinesia and 0.9% of gabapentin-treated patients (personal lability of increasing
seizure fraquency. In the placebo-controlled studies in patients receiving placebol (2 of 378). Among the
2074 patients treated with Neurontin* across all studies (controlled and uncontrolled) 31(1.5%) had status epilepticus
Of these, 14 patients thad no prior history of status epilepticus ether before freatment with Neurontin* is
associated with a higher or lower rate of status epilepticus than would be expected to occur in a similar population not
reated with Neurontin*, the clinical state for available, it is impossible to say whyther or obsers the product not in the similar speciate status entry of the extenses of exposure, beavit Neuroosychiatric Adverse Events-Pediatric Patients 3-12 Years of Age Gabapentin use in cediatric calients

PRECAUTIONS

The Neuroinfo[®] program, to 0.005 for palaeris with refractory epilepsy). Consequently, whether intese fragmest and the accuracy of the estimates provided. **PRECALTION Information for Palients** Palaeris should be instructed to take Neuronin[®] only as prescribed. Palaeris should be avies and the accuracy of the estimates provided. **PRECALTION Information for Palients** Palaeris should be instructed to take Neuronin[®] only as prescribed. Palaeris should be avies and the accuracy of the estimates provided. **Prescription Compared Instructure Compared Information Compared Neuronin[®] only as prescribed. Palaeris should be avies and a data on col indicate that routine monitoring of clinical taboratory parentees is necessary for the safe use of the antibility of the safe use of the accuracy monitoring of clinical taboratory parentees is necessary for the safe use of the antibility of the safe use of the accuracy is a safe taboratory parentees is necessary for the safe use of the antibility of the safe use of the accuracy is a safe taboratory parentees is necessary for the safe use of the antibility of the safe use of the accuracy is a safe taboratory parentees is necessary for the safe use of the antibility of the safe use of the accuracy is a safe taboratory parentees is necessary for the safe use of the accuracy of the safe use of the safe use of the accuracy is a safe taboratory taboratory for a safe antibility of the taboratory for a safe antibility of the taboratory for a safe antibility of the safe and taboratory for a safe antibility of the safe and taboratory for a safe antibility is the antibility of the safe and taboratory for a safe antibility is a safe antibility of the safe and taboratory for anti**



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Efficacy in a range of patients Well tolerated

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NEURONTIN is indicated as adjunctive treatment for partial seizures in pediatric patients (3-12 years old) and for partial seizures with and without secondary generalization in adults (>12 years old). NEURONTIN is contraindicated in patients who have demonstrated hypersensitivity to the drug or its ingredients. NEURONTIN use in pediatric patients aged 3 to 12 years has been associated with mild to moderate neuropsychiatric adverse events, including emotional lability, hostility, thought disorder, and hyperkinesia.

In controlled clinical trials, the most common adverse events reported with NEURONTIN vs placebo in adults (>12 years old) were somnolence (19.3% vs 8.7%), dizziness (17.1% vs 6.9%), ataxia (12.5% vs 5.6%), fatigue (11.0% vs 5.0%), and nystagmus (8.3% vs 4.0%); the most common adverse events in pediatric patients (3-12 years old) were viral infection (10.9% vs 3.1%), fever (10.1% vs 3.1%), nausea and/or vomiting (8.4% vs 7.0%), somnolence (8.4% vs 4.7%), and hostility (7.6% vs 2.3%).

Please see brief summary of full prescribing information on adjacent pages.

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CNS SPECTRUMS

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CNS Digest In the Journal of June 2002

BIOLOGICAL DETERMINISM AND BDD page 429

"The sizes of secondary sexual facial characteristics that develop during puberty are also important in ratings of attractiveness. Enlarged jaws, chins, and cheekbone are examples of secondary sexual traits that are enlarged by testosterone during puberty in men. The largeness of these features are considered by women as sexually attractive, perhaps because they advertise a strong immune system. Female attractiveness is correlated with the opposite-tiny lower faces, big lips, and a slender lower jaw. Rhodes and colleagues found that exaggerated female traits were attractive in both female faces and male faces, corroborating similar findings by Perrett and colleagues. The results of Rhodes and colleagues and Perrett and colleagues are particularly significant because there is stronger evidence that the sizes of secondary sexual facial characteristics advertise health and immunocomptence in males more than females.¹⁴ The research presented so far to define facial beauty derives from a biological perspective. There is some limited evidence indicating that social and cultural factors may also play important roles in influencing body-image standards. However, the research to date has focused on the negative impact media exposure has on disordered eating and body weight, as opposed to facial attractiveness. It is therefore unclear whether such factors play a significant role in determining standards of facial beauty."

CEREBRAL REGIONS AND THE CONNECTIONS TO BDD page 432

"Lesions in specific anatomical regions of the brain correspond with specific functional changes or deficits. The prefrontal cortex connects to the temporal and parietal lobes via cingulum pathways. Bilateral prefrontal lesions may cause concentration loss, decreased intellectual performance, and memory and judgment deficits. A lesion in the somatosensory area, which borders the frontal and parietal lobes, causes loss of perception or reception. Parietal lobe activities include interpretation and integration of information from sensory areas (ie, somatosensory and visual cortex). Consequently, parietal lesions cause sensory ataxia, general awareness loss, apathy, faulty sensory impulse recognition, and inability to interpret spatial relationships. Lesions in one side of the striate cortex, or primary visual area, cause contralateral hemianopsia, while lesions in the secondary visual area result in an inability to interpret visual impulses. The temporal lobes receive and interpret auditory information, pattern recognition, and higher visual coordination. The temporal lobe interconnections manage highly integrated activity. Lesions in this region modify normal behaviors and cause misperceptions (ie, hallucinations) and seizures. These anatomicofunctional correlations are summarized in the Table."

HOW EMOTIONS AND RESPONSE <u>ALTER OUR IMAGE</u> page 435

"Patients with anxiety disorders and individuals with high trait anxiety tend to selectively process threatening information, a bias that might contribute to the development or maintenance of emotional disorders. Investigating attentional processes in BDD, we found that individuals with BDD, in contrast to healthy controls, selectively attended to appearance-related information and emotional appearanceunrelated information.⁸ Selective attention to appearancerelated information, for example, might partly explain why individuals with BDD have to think about their imagined defect over and over again."

<u>ALTERING THE IMAGE OF BDD</u> page 444

"Reports of patients with BDD and clinical observations led us to suspect an underlying somatosensory disturbance which allows these patients to maintain their distorted perception of their bodily features despite treatment. Whether these distortions are related to cerebral pathology, possibly localized in the parietal region, or merely related to cognitive appraisals based on needs for perfection and symmetry, is currently unknown. Because information-processing based on cognitions has been explicated in other studies, we will present the neurological perspective in this article."

TREATING BDD AT THE SOURCE page 453

"It should first be underscored that BDD warrants aggressive treatment. Patients with this disorder are markedly distressed, with scores on measures of perceived stress exceeding those reported for most psychiatric patients. Most patients experience significant impairment in social and occupational/academic functioning. Many are housebound, require psychiatric hospitalization, and attempt suicide. Quality of life is notably poor: one study found that mental health-related quality of life for BDD patients was poorer than for the United States' population as a whole as well as for patients with depression or a chronic or acute medical condition (eg, diabetes or acute myocardial infarction). Furthermore, although it is relatively common, BDD usually goes undiagnosed in clinical settings."

THERAPEUTIC APPROACHES TO BDD page 464

"One of the first, if not the very first, case using behavioral treatment was reported by Munjack in 1978. A 27year-old male preoccupied with an overly red complexion was treated using systematic desensitization in 11 sessions. The patient was taught relaxation training and a hierarchy of feared or avoided situations was constructed. Munjack concluded that behavior therapy may be successful for those patients sensitive to criticism whose complaints have a phobic quality."

KEPPRA* (levetiracetam)

250 mg, 500 mg and 750 mg tablets

R only

BRIEF SUMMARY (for full prescribing information, consult package insert) INDICATIONS AND USAGE: Keppra (levetiracetam) is indicated as adjunctive therapy in the treatment of partial onset seizures in adults with epilepsy.

CONTRAINDICATIONS: This product should not be administered to patients who have previously exhibited hypersensitivity to levetiracetam or any of the inactive ingredients in Keppra tablets.

WARNINGS: Neuropsychiatric Adverse Events: Keppra use is associated with the occurrence of central nervous system adverse events that can be classified into the following categories: 1) somolence and fatigue, 2) coordination difficulties, and 3) behavioral abnormalities. In controlled trials of patients with epilepsy, 14.8% of Keppra treated patients reported somnolence, compared to 8.4% of placebo patients. There was no clear dose response up to 3000 mg/day. In a study where there was no titration, about 45% of patients receiving 4000 mg/day reported somnolence. The somnolence wors considered serious in 0.3% of the treated patients, compared to 0% in the placebo group. About 3% of Keppra treated patients discontinued treatment due to somnolence, compared to 0.3% of placebo patients. In 1.4% of treated patients were hospitalized due to somnolence, in controlled trials of patients with epilepsy, 14.7% of treated patients reported sthenia, compared to 0.5% of placebo patients. The sometime was discontinued in 0.8% of treated patients as compared to 0.5% of placebo patients. In 0.5% of treated patients and in 0.2% of placebo patients. In 0.5% of treated patients and in 0.2% of placebo patients. In 0.5% of treated patients and in 0.2% of placebo patients is anormal gait, or incoordination difficulties (reported as either ataxia, abnormal gait, or incoordination dimet due to ataxia, compared to 0.6% of placebo patients and in 0.2% of placebo patients. In 0.5% of treated patients was hospitalized due to worsening of preexisting ataxia. Somnolence, strentina and coordination difficulties courdination difficulties courdination difficulties courdination difficulties are treated patients were hospitalized and the costination difficulties courdination difficulties co

PRECAUTIONS: Hematologic Abnormalities: Minor, but statistically significant (decreases compared to placebo in total mean RBC count (0.03 x 10⁹/mm³), mean hemoglobin (0.09 g/dL), and mean hematocrit (0.38%) were seen in Keppra treated patients in controlled trials. A total of 3.2% of treated and 1.8% of placebo patients had at least one possibly significant (≤2.8 x 10⁹/L) decreased WBC, and 2.4% of treated and 1.4% of placebo patients had at least one possibly significant (≤1.0 x 10⁹/L) decreased neutrophil count. Of the treated patients with a low neutrophil count, all but one rose towards or to baseline with the retire of the treated patients. We discuss the decrease to baseline with the treated to be the t continued treatment. No patient was discontinued secondary to low neutrophil counts. Hepatic Abnormalities: There were no meaningful changes in mean liver function tests (LFT) in controlled trials; Abnormalities: There were no meaningful changes in mean liver function tests (LFT) in controlled trials; lesser LFT abnormalities were similar in drug and placebo treated patients in controlled trials (1.4%). No patients were discontinued from controlled trials for LFT abnormalities except for 1 (0.07%) epilepsy patient receiving open treatment. Information For Patients: Patients should be instructed to take Keppra only as prescribed. Patients should be advised to notify their physician if they become pregnant or integrant on the pregnant during therapy. Patients should be advised that Keppra may cause dizziness and somolence. Accordingly, patients should be advised to to drive or operate machinery or engage in other hazardous activities until they have gained sufficient experience on Keppra to gauge whether it adversely affects their performance of these activities. Laboratory Tests. Although most laboratory tests are not systematically altered with Keppra treatment, there have been relatively infrequent and patients undergoing hemodialysis. Dosage should be reduced in patients with Impaired Renal Function: Caution should be taken in dosing patients with moderate and severe renal impairment and patients undergoing hemodialysis. Dosage should be reduced in patients with Impaired Function: Caution should be taken in dosing patients with moderate and severe renal impairment and patients undergoing hemodialysis. Dosage should be reduced in patients with Impaired Function). Drug Interactions: In vitro data on metabolic interactions indicate that Keppra is unlikely to produce, or be subject to, pharmacokinetic interactions. Levetiracetam and its major metabolite, at Function). **Drug Interactions:** In vitro data on metabolic interactions indicate that Keppra is unlikely to produce, or be subject to, pharmacokinetic interactions. Levetiracetam and its major metabolite, at concentrations well above C_{ma} levels achieved within the therapeutic dose range, are neither inhibitors of nor high affinity substrates for human liver cytochrome P450 isoforms, epoxide hydrolase or UDP-glucuronidation enzymes. In addition, levetiracetam does not affect the *in vitro* glucuronidation of valgroic acid. Levetiracetam circulates largely unbound (<10% bound) to plasma proteins; clinically significant interactions with other drugs through competition for protein binding sites are therefore unlikely. Potential pharmacokinetic interactions were assessed in clinical pharmacokinetic studies behavior in works in diversing and contraportion and through pharmacekinetic studies in the advecting the substrate studies and the pharmacekinetic studies and the pharmacekinetic interactions were assessed in clinical pharmacokinetic studies to heavier in the pharmacekinetic interactions were assessed in clinical pharmacokinetic studies and the pharmacekinetic interactions were assessed in clinical pharmacekinetic studies to heavier and contraportion and the pharmacekinetic in the advections were assessed in clinical pharmacekinetic studies and the pharmacekinetic in the advection of the pharmacekinetic studies and the pharmacekinetic in the advections were assessed in clinical pharmacekinetic studies and the pharmacekinetic in the advection of the pharmacekinetic studies and the pharmacekinetic and the pharmacekinetic studies and the pharmacekinetic and the pharmacekinetic assessed in clinical pharmacekinetic studies and the pharmacekinetic and the pharmacekinetic and the pharmacekinetic assesses and the pharmacekinetic Significant interactions with retractions very complexity of the potent binding size are therefore unlikely. Potential pharmacokinetic interactions were assessed in clinical pharmacokinetic studies (phenytoin, warfarin, digoxin, oral contraceptive) and through pharmacokinetic screening in the placebo-controlled clinical studies in epilepsy patients. <u>Drug-Drug Interactions Between Keppra and Existing Antiepileptic Drugs (AEDs)</u>: Potential drug interactions between Keppra and existing AEDs (phenytoin, carbamazepine, valproic acid, phenobarbital, lamotrigine, gabapentin and primidone) were assessed by evaluating the serum concentrations of levetiracetam and these AEDs during placebo-controlled clinical studies. These data indicate that levetiracetam does not influence the plasma concentration of existing AEDs and that these AEDs do not influence the plasmacokinetics of levetiracetam. **Other Drug Interactions:** <u>Oral Contraceptives</u>: Keppra (500 mg twice daily) did not influence the pharmacokinetics of an oral contraceptive containing 0.03 mg ethinyl estradiol and 0.15 mg levonorgestrel, or of the Luteinizing hormone and progesterone levels, indicating that impairment of contraceptive efficacy is unlikely. Coadministration of this oral contraceptive did on to influence the pharmacokinetics of levetiracetam. <u>Digoxin</u>; Keppra (1000 mg twice daily) did not influence the pharmacokinetics and pharmacokinetics of levetiracetam. <u>Warfarin</u>; Keppra (1000 mg twice daily) did not influence the pharmacokinetics of levetiracetam. <u>Warfarin</u>; Keppra (1000 mg fue daily) did not influence the pharmacokinetics of levetiracetam. Jugatarin, Prothrombin time was not affected by levetracetam. Coadministration of warfarin did not affect the pharmacokinetics of levetiracetam. <u>Probenecid</u>; Probenecid, a renal tubular secretion blocking agent, administered at a dose of 500 mg four times a day, did not change the pharmacokinetics of levetiracetam 1000 mg twice daily. levetiracetam. <u>Probenecid</u>: Probenecid, a renal tubular secretion blocking agent, administered at a dose of 500 mg four times a day, did not change the pharmacokinetics of levetiracetam 1000 mg twice daily. C^{**}_m of the metabolite, ucb LDS7, was approximately doubled in the presence of probenecid while the fraction of drug excreted unchanged in the urine remained the same. Renal clearance of ucb LDS7 in the presence of probenecid decreased 60%, probably related to competitive inhibition of tubular secretion of ucb LDS7. The effect of Keppra on probenecid was not studied. **Carcinogenesis**, **Mutagenesis**, **Impairment of Fertility**: <u>Carcinogenesis</u>; Bats were dosed with levetiracetam in the diet for 104 weeks at doses of 50, and 1800 mg/kg/day. The highest dose corresponds to 6 times the maximum recommended daily human dose (MRHD) of 3000 mg on ang/m² basis and it also provided systemic exposure (AUC) approximately 6 times that achieved in humans received levetiracetam in the diet for 80 weeks at doses of 10, 240 and 980 mg/kg/day (high dose is equivalent to 2 times the MRHD on a mg/m² or exposure basis). Although no evidence for carcinogenicity was seen, the potential for a carcinogenic response has not been fully evaluated in that species because adequite doses have not been studied. Mutagenesis; levetiracetam was not mutagenic in the Ames test or in mammalian cells *in vitro* in the <u>Mutagenesis:</u> Levetiracetam was not mutagenic in the Ames test or in mammalian cells *in vitro* in the Chinese hamster ovary/HGPRT locus assay. It was not clastogenic in an *in vitro* analysis of metaphase chromosomes obtained from Chinese hamster ovary cells or in an *in vivo* mouse micronucleus assay. The hydrolysis product and major human metabolite of levetiracetam (ucb L057) was not mutagenic in

the Ames test or the *in vitro* mouse lymphoma assay. <u>Impairment of Fertility</u>. No adverse effects on male or famale fertility or reproductive performance were observed in rats at doses up to 1800 mg/kg/day (approximately 6 times the maximum recommended human dose on a mg/m' or exposure basis). **Pregnancy: Pregnancy Category C**: In animal studies, levetiracetam produced evidence of developmental toxicity at doses similar to or greater than human therapeutic doses. Administration to female rats throughout pregnancy and lactation was associated with increased incidences of minor fetal skeletal abnormalities and retarded offspring growth pre- and/or postnatally at doses 2500 mg/kg/day (approximately equivalent to the maximum recommended human dose of 3000 mg [MRHD] on a mg/m' basis) and with increased pup mortality and offspring behavioral alterations at a dose of 1800 mg/kg/day (0.2 times the MRHD on a mg/m' basis). The developmental no effect dose was 70 mg/kg/day (0.2 times the MRHD on a mg/m' basis). There was no overt maternal toxicity at the doses used in this study. Treatment of pregnant rabbits during the period of organogenesis resulted in increased embryofetal mortality and increased incidences of minor fetal skeletal abnormalities at doses 2000 mg/kg/day (1.2 times the MRHD on a mg/m' basis) and in decreased fetal weights and increased incidences of fetal mafformations at a dose of 1800 mg/kg/day (1.2 times the MRHD on a mg/m' basis). The developmental no effect dose was 200 mg/kg/day (1.3 times the MRHD on a mg/m' basis). Maternal toxicity was also observed at 1800 mg/kg/day (6 times the MRHD. 1.20 mg/kg/day (4 times the MRHD) was a developmental no effect dose. There was no evidence of maternal toxicity in this study. Treatment of rats during the last third of gestation and throughout lactation produced no adverse developmental or maternal effects at doses of up to 1800 mg/kg/day (6 times the MRHD). 120 mg/kg/day (4 times the MRHD) was a developmental no effect dose. There was no evidence of mate

ADVERSE FLACTIONS: In well-controlled clinical studies, the most frequently reported adverse events associated with the use of Keppra in combination with other AEDs, not seen at an equivalent frequency among placebo-treated patients, were somnolence, asthenia, infection and dizziness. Table 1 lists treatment-emergent adverse events that occurred in at least 1% of patients with epilepsy treated with Keppra participating in placebo-controlled studies and were numerically more common in patients treated with Keppra than placebo. In these studies, either Keppra or placebo was added to concurrent AED therapy. Adverse events there usually mild to moderate in intensity. The prescriber should be aware that these figures, obtained when Keppra was added to concurrent AED therapy, cannot be used to predict the frequency of adverse experiences in the course of usual medical practice where patient characteristics and other factors may differ from those prevailing during clinical studies. Similarly, the cited frequencies cannot be directly compared with figures obtained from other clinical investigations involving different treatments, uses, or investigators. An inspection of these frequencies, however, does provide the prescriber with one basis to estimate the relative contribution of drug and non-drug factors to the adverse event incidences in the population studied. Table 1; lincidence (%) of Treatment-emergent Adverse Events in Placebo-controlled, Add-on Studies by Body System (Adverse Events Bocurred in at Least 1% of Keppra-treated Patients and Occurred More Frequently than Placebo-treated Patients) Keppra (Ha-769) vs Placebo (IN-439). Body System/Adverse Event Body as a Whole: Asthenia (15% vs 9%); Plaresbesies (9% vs 4%); Finotional Lability (2% vs 9%); Patient (2% vs 1%); Depression (4% vs 2%); Paresthesia (2% vs 1%); Somolence (15% vs 8%); Vartigo (3% vs 1%); Respiratory System: Cough Increased (2% vs 1%); Finaryngitis (6% vs 4%); Rhinitis (4% vs 3%); Sinusitis (2% vs 1%). Special Senses: Diplopia (2% vs 1%); Finar

DOSAGE AND ADMINISTRATION: Keppra is indicated as adjunctive treatment of partial onset seizures in adults with epilepsy. In clinical trials, daily doses of 1000 mg, 2000 mg and 3000 mg, given as twice a day dosing, were shown to be effective. Although in some studies there was a tendency toward greater response with higher dose (see CLINICAL STUDIES in package insert), a consistent increase in response with increased dose has not been shown. Treatment should be initiated with a daily dose of 1000 mg/day, given as twice daily dosing (500 mg BID). Additional dosing increments may be given (1000 mg/day, additional every 2 weeks) to a maximum recommended daily dose of 3000 mg. Long term experience at doses greater than 3000 mg/day is relatively minimal, and there is no evidence that doses greater than 3000 mg/day confer additional benefit. Keppra is given orally with or without food. **Patients With Impaired Renal Function**: Keppra dosing must be individualized according to the patient's renal function status. Recommended doses and adjustment for dose are shown in the Table below. To use this dosing table, an estimate of the patient's creatinine clearance (CLcr) in mL/min is needed. CLcr in mL/min may be estimated from serum creatinine (mg/dL) determination using the following formula:

Clare	[140-age (years)] x weight (kg)	(v 0.95 for formale patients)
CLCI =	70	(x 0.05 for remaie patients)

72 x serum creatinine (mg/dL) Dosing Adjustment Regimen for Patients With Impaired Regal Function

Group	Creatinine Clearance (mL/min)	Dosage (mg)	Frequency
Normal	> 80	500 to 1,500	Every 12 h
Mild	50 - 80	500 to 1,000	Every 12 h
Moderate	30 - 50	250 to 750	Every 12 h
Severe	< 30	250 to 500	Every 12 h
ESRD patient	s using dialvsis —	500 to 1,000	Every 24 h*

*Following dialysis, a 250 to 500 mg supplemental dose is recommended.

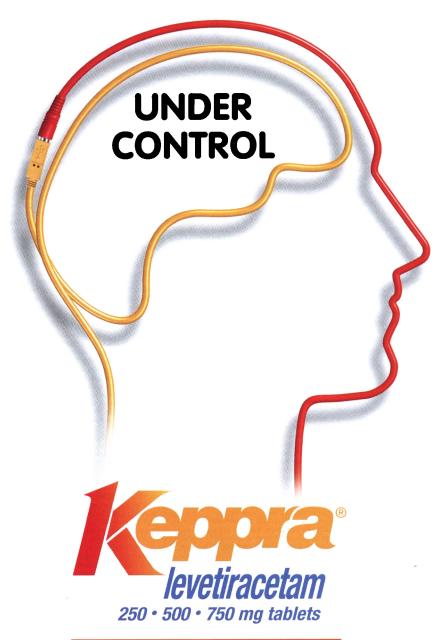
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ADJUNCTIVE THERAPY IN THE TREATMENT OF PARTIAL ONSET SEIZURES IN ADULTS WITH EPILEPSY



SIMPLIFYING SEIZURE CONTROL

- PROVIDES UP TO 4 OUT OF 10 REFRACTORY PATIENTS WITH ≥50% PARTIAL ONSET SEIZURE REDUCTION
- NO DRUG/DRUG INTERACTIONS WITH AEDs INCLUDED IN WELL-CONTROLLED STUDIES, A COMBINATION ORAL CONTRACEPTIVE, WARFARIN, OR DIGOXIN

Keppra® use is associated with the occurrence of central nervous system adverse events, classified as somnolence and fatigue, coordination difficulties, and behavioral abnormalities; and with minor, but statistically significant, hematological abnormalities. Keppra® dosing must be individualized according to renal function status.

GENERALLY WELL TOLERATED

uch Pharma

EFFICACY AND TOLERABILITY IN AN EASY-TO-USE AED -ADD-ON THERAPY STARTS WITH KEPPRA®

Please consult brief summary of prescribing information on adjacent page.

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Everyone knows the amygdalae and their location in the nervous system, or so it seemed until a few years ago. First called the amygdala by Burdach in 1819 because of their resemblance to almonds (Prunus amygdalus), the origin of today's discontent seems to have been laid down by J.B. Johnston, when in 1923 he described the amygdaloid complex.

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ERRATUM

The May 2002 issue of CNS Spectrums incorrectly listed on this page a Teaching Monograph titled "Pharmacologic Advances in the Treatment of ADHD." The monograph is slated to run in a future issue of CNS Spectrums.

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new direction in schizophrenia treatment is just down the road.

Keep your eyes on us.

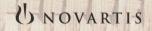
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For an Alzheimer's disease patient...

Just achieving the ordinary can be extraordinary



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EXELON...The first choice that stays the course

Proven efficacy in global functioning, based on evaluation of 3 key domains of Alzheimer's disease...*1

Activities of daily living Behavior Cognition

- Dosing flexibility allows customized treatment¹
 - Simple 1-step dosing to therapeutic dosage range
 - Clear dose response that can maximize efficacy¹
 - Higher doses can be associated with increased incidence of adverse events, especially during dose titration
- Also available in oral solution
- Established safety profile
 - Minimal metabolism by the CYP450 isoenzyme system¹
 - No clinically significant drug interactions in clinical trials¹
 - No dosage adjustment needed for patients with renal or hepatic impairment¹



*Measured by the Clinician's Interview-Based Impression of Change With Caregiver Input (CIBIC-Plus). **Reference: 1.** EXELON[®] [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corp; 2000. Please see brief summary of complete prescribing information on the next page.

In controlled clinical trials, the most common adverse events were nausea, vomiting, anorexia, dyspepsia, and asthenia. **EXELON use is associated with significant gastrointestinal adverse reactions, including nausea and vomiting, anorexia, and weight loss. If therapy is interrupted for longer than several days, treatment should be reinitiated with the lowest daily dose in order to avoid the possibility of severe vomiting and its potentially serious sequelae.** In the controlled trials, 47% of patients experienced nausea and 31% of patients experienced vomiting. Weight loss associated with EXELON occurred more commonly among women receiving high doses in clinical trials. Due to increased cholinergic activity, cholinesterase inhibitors may be expected to increase gastric acid secretion and/or have vagotonic effects on heart rate. Therefore, EXELON should be used with caution in patients with peptic ulcers, gastrointestinal bleeding, and "sick sinus syndrome" or other supraventricular cardiac conduction conditions. (Please see important WARNINGS in brief summary of full prescribing information.)

Exelon®

(rivastigmine tartrate) Capsules

Rx only

BRIEF SUMMARY: Please see package insert for full prescribing information.

INDICATIONS AND USAGE: Exclore (rivastionine tartrate) is indicated for the treatment of mild to moderate dementia of the

Contraining of the contraining of the contraindicated in patients with known hypersensitivity to rivastigmine, other carbamate derivatives or other components of the formulation (see DESCRIPTION in the full prescribing information). WARNINGS: Scationitastinal Advarse Reactions: Science (rivestignine latrice) use is associated with significant gastro-intestinal advarse reactions, including nauses and vomiting, anoreta, and weight loss. For this reason, patients should always be started at a dose of 1.5 mg BID and titrated to their maintenance dose. If treatment is interrupted for longer than several days, treatment should be reinitiated with the lowest daily dose (se DOSACE AND ADMINISTRATION in the full prescribing information) to reduce the possibility of severe vomiting and its potentially serious sequelae (e.g., there has been one post-marketing report of severe vomiting with scophage) rupter following inappropriate reinitiation treatment with a 4.5-mg dose after 8 weeks of treatment interruption).

treatment with a 4.5-mg does after 5 weeks of treatment interruption). Nausse and Vomiling: in the controlled clinical triats, 47% of the patients treated with an Exelon dose in the therapeutic range of 6-12 mg/day (n=1189) developed nauses (compared with 12% in placebo). A total of 31% of Exclon-treated patients developed at least one episode of vomiling (compared with 62% of placebo). The rates of vomiling was higher during the titration phase (24% vs. 3% for placebo) than in the maintenance phase (14% vs. 3% for placebo). The rates were higher in women tham more in Five percent of patients discontinued for vomiling, compared to less than 1% for patients on placebo. Yomiling was severe in 2% of Exclon-treated patients and was rated as mild or moderate each in 14% of patients. The rate of maisse was higher during the titration phase (43% vs. 9% for placebo) than in the mainte-nance phase (17% vs. 4% for placebo).

Marke pinese (17 Area, 47 to pinecedo); Weight Loss in the controlled trials, approximately 26% of women on high doses of Exelon (greater than 9 mg/day) had weight loss of equal to or greater than 7% of their baseline weight compared to 5% in the placebo-treated patients. About 18% of the mates in the high dose group experienced a similar degree of weight loss compared to 4% in placebo-treated patients. It is not clear how much of the weight loss was associated with anorexia, nausea, vomiting, and the diarrhea associated with the drug.

Anorezis in the controlled clinical trials, of the patients tréated with an Exelon dose of 6-12 mg/day, 17% developed anorexia compared to 3% of the placebo patients. Neither the time course or the severity of the anorexia is known. **Peptic Uicers/Bastrointestinal Bieeding:** Because of their pharmacological action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increase cholinergic activity. Therefore, patients should be monitored closely for symptoms of active or occult gastrointestinal bleeding, especially those at increased risk for developing ucces, e.g., those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-infammatory drugs (NSAIDS). Clinical studies of Exelon have shown no significant increase, relative to placebo, in the incidence of either peptic ulcer disease or gastroin-testinal heeding.

Anesthesinal bleeding. Anesthesia: Exelon as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia.

Cardiovscular Conditions: Drugs that increase cholinergic activity may have vanoppen toder some and a management dial. The potential for this action may be particularly important to patients with "sick sinus syndrome" or other supraventricu-lar cardiac conducton conditions. In clinical trials, Exelon was not associated with any increased incidence of cardiovascular adverse events, heart rate to thood pressure changes, or ECG ahormatilites, Syncopal episodes have been reported in 3% of patients receiving 6-12 mg/day of Exelon, compared to 2% of placebo patients.

Genitourinary: Although this was not observed in clinical trials of Exelon, drugs that increase cholinergic activity may cause uninary obstruction.

Among bookdeam. Neurological Conditions: Seizures: Drugs that increase cholinergic activity are believed to have some potential for causing seizures. However, seizure activity also may be a manifestation of Alzheimer's Disease. Paulmonary Conditions: Like other drugs that increase cholinergic activity, Exelon should be used with care in patients with a history of asthma or obstructive pulmonary disease.

PRECATIONS: Information for Patients and Caregivers: Caregivers should be advised of the high incidence of nausea and vomiting associated with the use of the drug along with the possibility of anorexia and weight loss. Caregivers should be encouraged to monitor for these adverse events and inform the physician if they occur. It is critical to inform caregivers that threapy has been interrupted for more than several days, the next dose should not be administered until they have discussed this with the physician. rs that if

Torg-Drug Interactions: Effect of Exelon® (rivestigmine lartrate) on the Metabolism of Other Drugs: Rivastigmine is primar-ily metabolized through hydrolysis by esterases. Minimal metabolism occurs via the major cytochrome P450 isoenzymes. Based on in virtus studies, no pharmacokinetic drug interactions with drugs metabolized by the following isoenzyme systems are expected: CYP1A2, CYP2D6, CYP3A4/5, CYP2E1, CYP2C9, CYP2C9, or CYP2C19.

are expected. OF Ref. of 200, OF 2040, OF 2040,

Population PV analysis with a database of 625 patients showed that the pharmacokinetics of rivastigmine were not influenced by commonly prescribed medications such as antacids (n=77), antihypertensives (n=72), 6-blockers (n=62), calcium channel blockers (n=72), antidiabetics (n=621), nonsteroidal anti-inflammatory drugs (n=79), estrogens (n=70), salicylate analgesics (n=177), antianginals (n=35), and antihistamines (n=15).

Use with Anticholinergics: Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications. Use with Cholinomimetics and Other Cholinesterase inhibitors: A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such

as bethanechol

Carcinopensis, Mutagenesis, Impairment of Fertility: In carcinogenicity studies conducted at dose levels up to 1.1 mg-base/kg/day in rats and 1.6 mg-base/kg/day in mice, rivastumine was not carcinogenic. These dose levels are approximately 0.9 times at 0.7 times the maximum recommended human daily dose of 12 mg/day on a mg/m² basis. approximately Us times and U.7 times the maximum recommence numan baily dose or 12 mg/day on a mg/mc basis. Rivastigmine was clastogenic in two in wiro assays in the presence, but not the absence, or metabolic activation, it caused structural chromesomal aberrations in V79 Chinese hamster lung cells and both structural and numerical (polypioidy) chro-mosomal aberrations in human peripheral blood lymphocytes. Rivastigmine was not genotoxic in three *in vitro* assays: the Ames test, the unscheduled DNA synthesis (UDS) test in rat hepatocytes a test for induction of DNA repair synthesis), and the HGPRT test in V79 Chinese hamster cells. Rivastigmine was not clastogenic in the *in vivo* mouse micronucleus test.

the higher to the full of the full or perioductive performance in the rat of does levels up to 1.1 mg-base/kg/day. This does is approximately 0.9 times the maximum recommended human daily does of 12 mg/day on a mg/m² basis. **Pregnancy: Pregnancy: Category B:** Reproduction studies conducted in pregnant rats at does up to 2.3 mg-base/kg/day (approximately 2 times the maximum recommended human does on a mg/m² basis) and in pregnant rabbits at does up to 2.3 mg-base/kg/day (approximately 2 times the maximum recommended human does on a mg/m² basis) and in pregnant rabbits at does up to 2.3 mg-base/kg/day (approximately 2 times the maximum recommended human does on a mg/m² basis) and in pregnant rabbits at does up to 2.3 mg-base/kg/day (approximately 4 times the maximum recommended human does on a mg/m² basis). For evaluation toxicity; decreased weights were seen at does which were several fold lower than the maximum recommended human does on a mg/m² basis). There are no adequate or well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, Exelon should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. potential risk to the fetus

Nursing Mothers: It is not known whether rivastigmine is excreted in human breast milk. Exelon has no indication for use in nursing mothers

Pediatric Use: There are no adequate and well-controlled trials documenting the safety and efficacy of Exelon in any illness occurring in children.

ADVERSE REACTIONS: Adverse Events Leading to Discontinuation: The rate of discontinuation due to adverse events in controlled clinical trials of Exelon® (rivastigmine tartrate) was 15% for patients receiving 6-12 mg/day compared to 5% for patients on placebo during forced weekly dose tirration. While on a maintenance dose, the rates were 6% for patients on Exelon compared to 4% for those on placebo.

The most common adverse events leading to discontinuation, defined as those occurring in at least 2% of patients and at twice the incidence seen in placebo patients, are shown in Table 1. Table 1. Most Frequent Adverse Events Leading to Withdrawa from Clinical Trials during Titration and Maintenance in Patients Receiving 6-12 mg/day Exclor® Using a Forced Dose Titration

Study Phase	Titration		Maintenance		Overall	
	Placebo (n=868)	Exelon ≥6-12 mg/day (n=1189)	Placebo (n=788)	Exelon ≥6-12 mg/day (n=987)	Placebo (n=868)	Exelon ≈6-12 mg/day (n=1189)
Event / % Discontinuing						
Nausea	<1	8	<1	. 1	1 1	8
Vomiting	<1	4	<1	1] <1	5
Anorexia	0	2	<1	1	<1	3
Dizziness	<1	2	<1	1	21	2

Most Frequent Adverse Clinical Events Seen in Association with the Use of Exelon: The most common adverse events defined as those occurring at a frequency of at least 5% and twice the placebo rate, are largely predicted by Exelon's choliner-gic effects. These include nausea, vomiting, anorexia, dyspepsia, and asthenia.

Gastrointestinal Adverse Reactions: Exelon use is associated with significant nausea, vomiting, and weight loss (see WARNINGS)

Adverse Events Reported in Controlled Triels: Table 2 lists treatment emergent signs and symptoms that were reported in at least 2% of patients in placebo-controlled trials and for which the rate of occurrence was greater for patients treated with Exection does of b-12 mg/dsy than for those treated with placeto. The prescriptor should be aware that these figures cannot be used to predict the frequency of adverse events in the course of usual medical practice when patient characteristics and other factors may differ from those prevailing during clinical studies. Similarly, the cited frequencies cannot be directly compared

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with figures obtained from other clinical investigations involving different treatments, uses, or investigators. An inspection of these frequencies, however, does provide the prescriber with one basis by which to estimate the relative contribution of drug and non-drug factors to the adverse event incidences in the population studied. In general, adverse reactions were less frequent later in the course of treatment.

No systematic defect of race or age could be determined on the incidence of adverse events in the controlled studies. Nausea, vomiting and weight loss were more frequent in women than men. Table 2. Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving Exelon® (6-12 mg/day) and at a Higher Frequency than Placebo-treated Patients

Rady Sustan (Advance Event	Placebo	Exelon (6.12 ma/day)	
Body System/Adverse Event	(n=868)	(6-12 mg/day) (n=1189)	
Percent of Patients with any Adverse Event	79	92	
Autonomic Nervous System			
Sweating increased	1	4	
Syncope	2	3	
Body as a Whole			
Accidental Trauma	9	10	
Fatigue	9 5 2 2 2	9 6 5 3	
Asthenia	2	6	
Malaise	2	5	
Influenza-like Symptoms		3	
Weight Decrease	<1	3	
Cardiovascular Disorders, General			
Hypertension	2	3	
Central and Peripheral Nervous System			
Dizziness	11	21	
Headache	12	17	
Somnolence	3	5 4	
Tremor	1	4	
Gastrointestinal System			
Nausea	12	47	
Vomiting	6	31	
Diarrhea	11	19	
Anorexia	3 6 4	17	
Abdominal Pain	6	13	
Dyspepsia		9	
Constipation	4	5	
Flatulence	4 2 1	13 9 5 4 2	
Eructation	1	2	
Psychiatric Disorders	_		
Insomnia	7	9	
Confusion	7	8	
Depression	4	6	
Anxiety Hallucination	3	9 8 6 5 4	
Aggressive Reaction	4 3 3 2	4	
	2	3	
Resistance Mechanism Disorders	6	7	
Urinary Tract Infection	6	/	
Respiratory System	9	4	

Rhinitis

A Dthar adverse svents observed at a rate of 2% or more on Evelon 6-12 mg/day but at a greater or equal rate on plocabo were chest pain, peripheral edema, vertigo, back pain, anthralgia, pain, bone fracture, agitation, nervousness, delusion, para nold reaction, upper respiratory tract infections, infection (general), coughing, pharyngitis, bronchitis, rash (general), urina incontinence.

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and 129 treated for over 3 years. Treatment emergent signs and symptoms that occurred during 8 controlled clinical trials and 9 open-label trials in North America, Western Europe, Australia, South Africa, and Japan were recorded as adverse events by the clinical investigators using terminology of their own choosing. To provide an overall estimate of the proportion of individuals having similar types of events, the events were grouped into a smaller number of standardized categories using a modified Whol dictionary, and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 2597 patients from these trials who experimoned that event while receiving Excellon. All adverse events occur-ring in at least 6 patients (approximately 0.1%) are included, except for those already listed elsewhere in labeling. WHO terms too general to be informative, relatively minor events, or events unlikely to be drug caused. Events are classified by body sys-tem and listed using the following definitions: frequent adverse events are to necessarily related to Excel Inter-ment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies. Autonomic Bevruss System: (*Toreauert*, Cold cammy skin, dworuth, fluxibing, increased salva.

Autonamic Nervous System: Infrequent: Cold clammy skin, dry mouth, flushing, Increased saliva. Body as a Whole: Frequent: Accidental trauma, fever, edema, allergy, hot flushes, rigors. Infrequent: Edema periorbital or facial, hypothermia, edema, feeling cold, halitosis.

Cardiovascular System: Frequent: Hypotension, postural hypotension, cardiac failure.

Central and Peripheral Nervous System: Frequent: Abnormal gait, ataxia, paraesthesia, convulsions. Infrequent: Paresis, apraxia, aphasia, dysphonia, hyperkinesia, hyperrellexia, hypertonia, hypoesthesia, hypokinesia, migraine, neuralgia, nystag-mus, peripheral neuropathy.

Endocrine System: Infrequent: Goitre, hypothyroidism.

Gastrointestinal System: Frequent: Fecal incontinence, gastritis. Infrequent: Dysphagia, esophagitis, gastric ulcer, gastritis, gastroestpagad reflux, GI hemorrhage, hemia, intestinal obstruction, melena, rectal hemorrhage, gastroenteritis, ulcerative stomatitis, duodenal ulcer, hematemesis, gingivitis, tenesmus, pancreatitis, glossitis.

Hearing and Vestibular Disorders: Frequent: Tinnitus. Hear Rate and Rhythm Disorders: Frequent: Atrial fibrillation, bradycardia, palpitation. Infrequent: AV block, bundle branch block, sick sinus syndrome, cardiac arrest, supraventricular tachycardia, extrasystoles, tachycardia. Liver and Biliary System Disorders: Infrequent: Abnormal hepatic function, cholecystitis.

Metabolic and Multiflonal Disorders: Frequent: Dehydration, hypokalemia. Infrequent: Diabetes mellitus, gout, hypercho-lesterolemia, hyperlipemia, hypoglycemia, cachexia, thirst, hyperglycemia, hyponatremia. Musculoskeletal Disorders: Frequent: Arthritis, leg cramps, myalgia. Infrequent: Cramps, hernia, muscle weakness.

Myo-, Endo-, Pericardial and Valve Disorders: Frequent: Angina pectoris, myocardial infarction.

Plateiet, Bleeding, and Clotting Disorders: Frequent: Epistaxis. Infrequent: Hematoma, thrombocytopenia, purpura. Psychiatric Disorders: Frequent: Paranoid reaction, contusion. Infrequent: Abnormal dreaming, amnesia, apathy, delinum, dementia, depersonalization, emotional lability, impaired concentration, decreased libido, personality disorder, suicide attempt, increased libido, neurosis, suicidal ideation, psychosis.

Red Blood Cell Disorders: Frequent: Anemia. Infrequent: Hypochromic anemia

Reproductive Disorders (Female & Male): Infrequent: Breast pain, impotence, atrophic vaginitis. Resistance Mechanism Disorders: Infrequent: Cellulitis, cystitis, herpes simplex, otitis media.

Respiratory System: Infrequent: Bronchospasm, laryngitis, apnea.

Skin and Appandages: Frequent: Rashes of various kinds (maculopapular, eczema, bullous, exfoliative, psoriaform, erythema-tous). Infrequent: Alopecia, skin ulceration, urticaria, dermatitis contact. Special Senses: Infrequent: Perversion of taste, loss of taste.

Urinary System Disorders: Frequent: Hematuria. Infrequent: Albuminuria, oliguria, acute renal failure, dysuria, micturition urgency, nocturia, polyuria, renal calculus, urinary retention.

Vascular (extracardiac) Disorders: Infrequent: Hemorrhoids, peripheral ischemia, pulmonary embolism, thrombosis, thrombophlebitis deep, aneurysm, hemorrhage intracranial. Vision Disorders: Frequent: Cataract. Infrequent: Conjunctival hemorrhage, blepharitis, diplopia, eye pain, glaucoma.

White Cell and Resistance Disorders: Infrequent: Lymphadenopathy, leukocytosis.

Post-Introduction Reports: Voluntary reports of adverse events temporally associated with Exelon that have been received since market introduction that are not listed above, and that may or may not be causally related to the drug include the tollowing

Skin and Appendages: Stevens-Johnson syndrome.

Store below 77°F (25°C) in a tight container.

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