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Recent modules

Quickbite *Overvalued ideas: a lost concept?*

The concept of the overvalued idea has been debated for more than a century, and in recent years there has been renewed interest in it, particularly in the context of discussions about the classification of certain disorders as delusional or non-delusional. This module outlines the various theories proposed and applies them to body dysmorphic disorder and olfactory reference syndrome. **CPD credits: 0.5**



Safe lithium prescribing: initiation and monitoring

Lithium is one of the oldest mood stabilisers prescribed in psychiatry. However, it is well known that patients on lithium commonly suffer adverse effects, many of which can be prevented by improving clinical practice. This module provides some background information about lithium and helps practitioners to understand the need for regular monitoring and timely management of side-effects. **CPD credits: 1.5**



ADHD in under-18s: background and assessment

Attention-deficit hyperactivity disorder (ADHD) is the term most widely used to cover a group of chronic behavioural disorders characterised by persistent and disabling levels of restlessness and overactivity. This module provides background information about ADHD and outlines the guidelines for assessing young people displaying symptoms of the disorder. **CPD credits: 1**



Quickbite *Suicide in the elderly*

With an ageing population, suicide in older people will become an increasingly important cause of mortality in the coming years. This module highlights the specific risk factors for this population, enabling practitioners to assess for risk of suicide and implement appropriate preventive management. **CPD credits: 0.5**

