

INTERNATIONAL ANXIETY DISORDERS SYMPOSIUM AMSTERDAM, THE NETHERLANDS MAY 27-28, 2009

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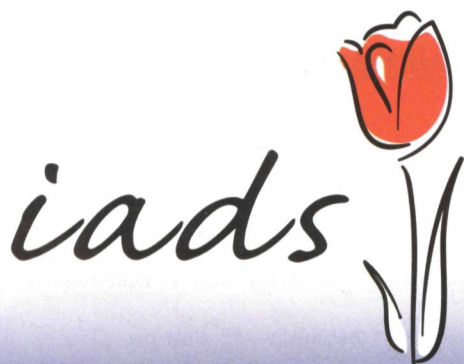
NEW!

Presentations

- Advances in PTSD
- Advancing drug development in anxiety disorders
- Cognition in anxiety disorders
- Comorbidity of anxiety disorders
- Current trends in OCD treatment
- DSM-V and ICD-10 issues of anxiety disorders
- Visualizing anxiety disorders

Speakers

- Christer Allgulander, Sweden
- David Baldwin, UK
- Wim van den Brink, Netherlands
- Sam Chamberlain, UK
- Damiaan Denys, Netherlands
- Naomi Fineberg, UK
- Christian Grillon, USA
- Dirk Hermans, Belgium
- Eric Hollander, USA
- David Mataix-Cols, UK
- David Nutt, UK
- Miranda Olf, Netherlands
- Michael Otto, USA
- Stefano Pallanti, Italy
- Katharine Phillips, USA
- Predrag Petrovic, Sweden
- Dan Stein, South Africa
- Murray Stein, USA
- Dick Veltman, Netherlands
- Hans-Ulrich Wittchen, Germany
- Joseph Zohar, Israel




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Your comments are important to us. This form provides you with the opportunity to express your opinions. Our goal is to make *CNS Spectrums* your source for practical and clinical neuropsychiatric information. By filling out this Questionnaire, you enable us to incorporate your views about our editorial content in future issues. Please fill out this form in its entirety. Thank you.

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CASE REPORTS

1 2 3 4 5

ORIGINAL RESEARCH

1 2 3 4 5

DEPARTMENTS

Trends in Psychopharmacology

1 2 3 4 5

Clinical Updates in Neuropsychiatry

1 2 3 4 5

Communique

1 2 3 4 5

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1 2 3 4 5

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- Neurologist Psychiatrist Other

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From Current Practices to Future Therapies

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Norman L. Relkin, MD, PhD

Guest Panelists: Russell Katz, MD, of the FDA and
Cristina Sampaio, MD, PhD of the EMEA

Guest Speaker: Meryl Comer, member of the
Alzheimer's Study Group

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In the science of **ADHD**...

α 2A

It's Big

Defining the role of alpha-2A receptors within ADHD

New preclinical science suggests that stimulation of alpha-2A receptors located throughout the prefrontal cortex (PFC) strengthens executive function including working memory, which is thought to play an important role within ADHD.¹⁻³

Our current understanding of ADHD treatment includes, in part, increasing levels of norepinephrine that act at the alpha-2A receptor.¹ Directly engaging these receptors is thought to exert a positive effect on cognitive functioning, such as behavioral inhibition and impulse control.^{1,4}

As we continue to learn more about ADHD, we must consider the emerging role of the alpha-2A receptor—**it's big.**

References: 1. Arnsten AFT, Li B-M. Neurobiology of executive functions: catecholamine influences on prefrontal cortical functions. *Biol Psychiatry*. 2005;57:1377-1384. 2. Wang M, Ramos BP, Paspalas CD, et al. α 2A-adrenoceptors strengthen working memory networks by inhibiting cAMP-HCN channel signaling in prefrontal cortex. *Cell*. 2007;129:397-410. 3. Mao Z-M, Arnsten AFT, Li B-M. Local infusion of an α -1 adrenergic agonist into the prefrontal cortex impairs spatial working memory performance in monkeys. *Biol Psychiatry*. 1999;46:1259-1265. 4. Arnsten AFT, Steere JC, Hunt RD. The contribution of α ₂-noradrenergic mechanisms to prefrontal cortical cognitive function. *Arch Gen Psychiatry*. 1996;53:448-455.