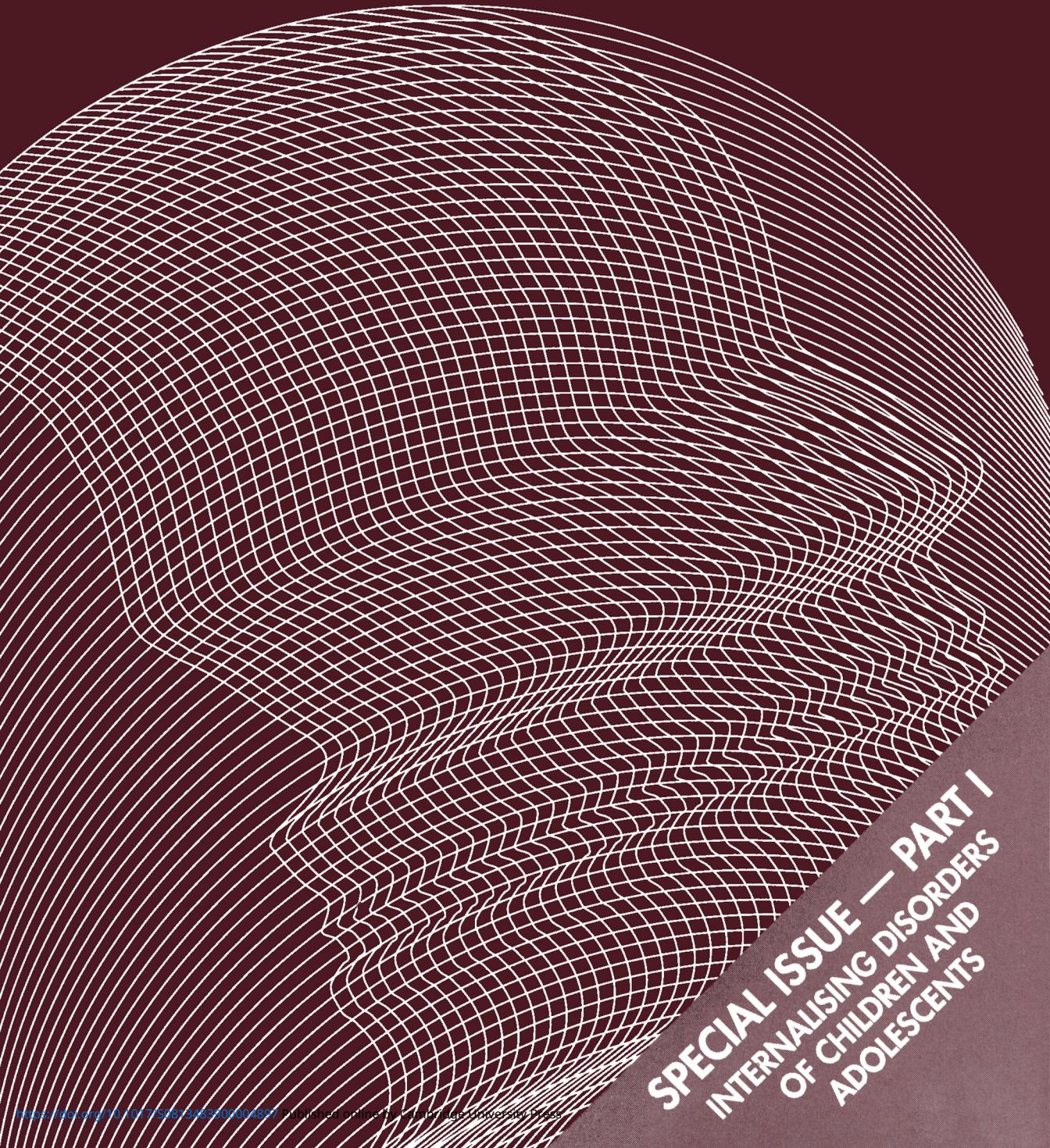


# Behaviour Change

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol. 13, No. 3, 1996



**SPECIAL ISSUE — PART I  
INTERNALISING DISORDERS  
OF CHILDREN AND  
ADOLESCENTS**

## **EDITOR**

ALAN M. HUDSON

*Royal Melbourne Institute of Technology*

## **ASSOCIATE EDITORS**

NEVILLE M. BLAMPIED

*University of Canterbury*

ELEONORA GULLONE

*Monash University*

MARGOT R. PRIOR

*Royal Children's Hospital*

ALAN RALPH

*James Cook University*

MATTHEW R. SANDERS

*University of Queensland*

## **MANAGING EDITOR**

MERVYN S. JACKSON

*Royal Melbourne Institute of Technology*

*Dept of Psychology and Intellectual*

*Disability Studies*

*Plenty Road*

*BUNDOORA VIC 3083*

*Phone (03) 9468 2367*

*Fax (03) 9468 2303*

## **BOOK REVIEW EDITOR**

RON M. RAPEE

*Macquarie University*

## **EDITORIAL BOARD**

Keith D. Ballard

*University of Otago*

David H. Barlow

*State University of New York at Albany*

Jay S. Birnbrauer

*Murdoch University*

Edward B. Blanchard

*State University of New York at Albany*

Cynthia M. Bulik

*Virginia Commonwealth University*

Mark R. Dadds

*Griffith University*

Georg H. Eifert

*West Virginia University*

Cyril M. Franks

*Rutgers University*

W. Kim Halford

*Griffith University*

David J. de L. Horne

*University of Melbourne*

Jack E. James

*La Trobe University*

Alan E. Kazdin

*Yale University*

Neville J. King

*Monash University*

Peter Lovibond

*University of New South Wales*

Paul R. Martin

*University of New England*

Iain Montgomery

*University of Tasmania*

Thomas H. Ollendick

*Virginia Polytechnic and State University*

Neville Owen

*Deakin University*

Clare Roberts

*Curtin University of Technology*

John F. Smith

*University of Waikato*

Susan H. Spence

*University of Queensland*

G. Terence Wilson

*Rutgers University*

Peter H. Wilson

*Flinders University of South Australia*

Kevin W. Wheldall

*Macquarie University*

# Behaviour Change

Journal of the Australian Association for Cognitive and Behaviour Therapy Vol.13, No.3, 1996

## CONTENTS

<b>Internalising Disorders of Children and Adolescents: An Introduction</b>	<b>141</b>
<i>Neville J. King and Thomas H. Ollendick</i>	
<b>Developmental Psychopathology and Normal Fear</b>	<b>143</b>
<i>Eleonora Gullone</i>	
<b>Test Anxiety in Girls and Boys: A Clinical-Developmental Analysis</b>	<b>157</b>
<i>Margaret K. Warren, Thomas H. Ollendick, and Neville J. King</i>	
<b>Nonclinical Panic Attacks in Adolescents: Prevalence, Symptomatology, and Associated Features</b>	<b>171</b>
<i>Neville J. King, Thomas H. Ollendick, Sara G. Mattis, Bin Yang, and Bruce Tonge</i>	
<b>Current Issues in the Assessment of Anxiety in Children and Adolescents: A Developmental Perspective</b>	<b>185</b>
<i>Marilyn A. Campbell and Ronald M. Rapee</i>	
<b>Call for Nominations for Editor Elect of Behaviour Change</b>	<b>195</b>
<b>National Award Scheme</b>	<b>196</b>
<b>AACBT 20th National Conference</b>	<b>197</b>
<b>20th National Conference Call for Submissions</b>	<b>198</b>

Published four times annually and issued to all financial ordinary, institutional and student members of AACBT.

©1996 The Australian Association for Cognitive and Behaviour Therapy  
*Behaviour Change* is indexed in the following information systems: Australian Education Index, Multicultural Education Abstracts, Special Educational Needs Abstracts, CABS, Excerpta Medica, Psychological Abstracts, PsycINFO, Sociological Abstracts, Sage Family Study Abstracts, Current Contents/Social and Behavioural Sciences, Social SciSearch, and Research Alert.

Responsibility for the contents of papers rests upon the authors, and not upon the Association or the Publisher.

It is a condition of publication that manuscripts submitted to this journal have not been published and will not be simultaneously

submitted or published elsewhere. By submitting a manuscript, the authors agree that the copyright for their article is transferred to the Publisher if and when the article is accepted for publication. However, assignment of copyright is not required from authors who work for organisations that do not permit such assignment. The copyright covers the exclusive rights to reproduce and distribute the article, including reprints, photographic reductions, microfilm or any other reproductions of similar nature and translations. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, electrostatic, magnetic tape, mechanical, photocopying, recording or otherwise, without permission in writing from the copyright holder.

ISSN 0813-4839

Published for the AACBT by  
AUSTRALIAN ACADEMIC PRESS  
32 Jeays Street Bowen Hills QLD Australia

# AUSTRALIAN ASSOCIATION FOR COGNITIVE AND BEHAVIOUR THERAPY

*Formerly the Australian Behaviour Modification Association (ABMA)*

## AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society. The aims of the Association are:

- 1 To organise continuing education and training in the principles and practice of Cognitive and Behaviour Therapy;
- 2 To publish and disseminate information to members about developments in Cognitive and Behaviour Therapy in Australia and other countries;
- 3 To educate the community in the principles and ethical practice of Cognitive and Behaviour Therapy;
- 4 To liaise and consult with other persons or organisations in the teaching and practice of Cognitive and Behaviour Therapy;
- 5 To promote the ethical practice of Cognitive and Behaviour Therapy by members;
- 6 To organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

## NATIONAL PRESIDENT

TIM SHARP

Pain Management and  
Research Centre  
Royal North Shore Hospital  
St Leonards NSW 2065

*Ph: (02) 926 7318*

## BRANCH PRESIDENTS

### NEW SOUTH WALES

ETTY MATALON  
Jarrah House  
C/- Prince Henry Hospital  
Anzac Parade  
Little Bay NSW 2036

### VICTORIA

NEVILLE KING  
Faculty of Education  
Monash University

Wellington Road  
Clayton VIC 3168

*Ph: (03) 9905 2853*

### QUEENSLAND

SANDY HUTCHINSON  
143 Khartoum Street  
Gordon Park QLD 4031

*Ph: (07) 3253 5187*

### SOUTH AUSTRALIA

BARBARA PENNINGTON  
Minda Inc.

PO Box 5  
Brighton SA 5048

*Ph: (08) 296 4711*

### WESTERN AUSTRALIA

WENDY RADCLIFFE  
Disability Service Commission

22 Queen Street  
Fremantle WA 6160

*Ph: (09) 430 0632*

## PAST NATIONAL PRESIDENTS

1978-79	Keith Jonson
1979-80	David De L. Horne
1980-83	Matthew R. Sanders
1983-84	Peter Millier
1984-85	Paul Martin
1985-86	Alan Hudson
1986-87	Peter Wilson
1987-88	Mark Dadds
1988-89	Don Tustin
1989-90	Nada Murphy
1990-91	Mervyn Jackson
1991-92	Peter Lovibond
1992-93	Jan Lawton
1993-94	Leone McCarron
1994-95	Jura Tender
1995-96	Neville King

## SUBSCRIPTION RATES

Orders and subscription enquiries should be addressed to Journal Subscriptions, Australian Academic Press, 32 Jays Street, Bowen Hills, QLD 4006, AUSTRALIA.

### AUSTRALIA

Individuals	\$34
Institutions	\$64

### NEW ZEALAND

Individuals	\$44 (1 yr)
Institutions	\$74 (1 yr)

### OVERSEAS

Individuals	\$60 (1 yr)
Institutions	\$84 (1 yr)