

## *Forthcoming Events*

The **London Medical Exhibition**, the UK's biggest medical exhibition, will take place at Olympia, London, from 12 to 15 March 1985. The theme will be 'Fresh Perspectives in Health Care'. The London Medical Exhibition is supported by the DHSS, the BMA and leading professional and trade associations. Special features will highlight some of the latest advances in high technology. Admission is by ticket obtainable through the Royal College of Psychiatrists or by application direct to the organizers: Fairs and Exhibitions Ltd, 51 Doughty Street, London WC1N 2LB.

**MIND**, on behalf of the World Federation for Mental Health, is organizing the 1985 World Congress on Mental Health. 'Mental Health 2000—Action Programmes for a World in Crisis' will be held from 14 to 20 July 1985 at Brighton Conference Centre, Sussex. The World Congress is open to professional and voluntary workers in psychiatry, psychology, education, nursing and social work worldwide. International issues in mental health (population growth, poverty, unemployment, etc) and alternative approaches to illness, health, rights, legislation, support, care and treatment will be debated. Information: Conference Associates, MIND, 34 Stanford Road, London W8 5PZ.

The **Portman Clinic Edward Glover Lecture** will be given by Mr Eric Dunning (Senior Lecturer, Department of Sociology, The University, Leicester) on 'Social/Psychological Genesis of Football Hooliganism' on 12 November 1984 at 8.15 pm, Peter Samuel Hall, Royal Free Hospital School of

Medicine. Admission is by ticket only and applications are invited from psychiatrists, sociologists, social workers, probation officers and allied professionals. Information: Miss Nancy Dunlop, Administrative Secretary, Portman Clinic, 8 Fitzjohns Avenue, London NW3 5NA. (Closing date: 2 November 1984.)

The **Centre for Postgraduate Psychiatry, University of Birmingham**, will be running a series of courses open to professional workers in a variety of settings: 'Young People and Their Families—A Psychodynamic Approach'; 'The Systemic Approach in Family Therapy'; 'The MRCPsych Course'; open postgraduate meetings held on Fridays during term-time from 4.00 pm. Information: Christine Neal, Centre for Postgraduate Psychiatry, Queensbridge Road, Moseley, Birmingham B13 8QD (telephone: 021 449 4481).

'**The Consultant Psychiatrist in the Post-Griffiths NHS**' is a management course for consultant psychiatrists who wish to explore their role in the new 'management-orientated' NHS. Areas to be covered will be organizational issues; the role of the general manager; planning for more effective use of resources; clinical budgeting; management of psychiatric hospitals; and the management of change in psychiatric care delivery. The course will be held at the White Hart, NHS Training and Study Centre, Harrogate, from 28 January to 2 February 1985. Cost of course: £195. Further information: Dr Helena Waters, 8 Freeland Place, Bristol (telephone: 0272 297929).

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## *Fear*

Let me not wait to find myself  
all silver-grey  
Nor let it be  
That I should see myself  
that day.  
Long before my skin is dry and sickly  
before those wrinkles, creeping  
begin to leave their permanent crease,  
let me for pity's sake be taken  
and from this sad life, in death  
find sweet release.

Let me not lie to babble strangely  
to voices without faces  
that I hear,  
nor stretch out my arms  
in ancient senile greeting

because I think I see a shadow  
standing near.  
Oh save me from this vast dementing  
future,  
For there is nothing greater that I fear!

Let me not live to be a nuisance  
to those with youth  
who strive to care  
let me not live to feel  
this moment  
nor let them yet insist  
that I survive,  
For if I had a mind with which to speak it  
would I ever really want to stay alive?

DEIRDRE A. LEWIS

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