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...AND...ACTION!: USING CINEMA AND FILM CLIPS IN PARTIAL CARE/DAY HOSPITAL GROUPS - PSYCHIATRIC REHABILITATION SETTINGS

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Entertainment - education - empowerment through transactional analysis principles.

St. Vincent Hospital, Erie, Pennsylvania, intensive outpatient program experience: September 2005 - October 2007.

Three e's in psycho-educational and open-ended group settings.

Medication for response - remission - recovery stages of behavioral health / mental illness.

Group movie therapy approach for rehabilitation stage [handling anger, alleviating anxiety, uplifting depression, formulating problem solving, improving judgment, helping to forgive and forgiven, experiencing with sense of humor, easing up suspicion and mistrust, promoting love and compassion, teaching assertive communication and relationship, over-viewing prioritization, quieting down these trigger mechanisms in decreasing the morbidity of psychiatric syndromes].

References:

1. Neurocinematics: The neuroscience of film, Uri Hasson, Ohad Landesman, Barbara Knappmeyer, Ignacio Vallines, Nava Rubin, And David J. Heeger - *projections: The journal for movies and mind*, volume 2 - issue 1 - summer 2008.
2. *The Healing Movie Book - Precious Images: The healing use of cinema in psychotherapy* - Michael A. Kalm, M.D. - Lulu publications - 2004.
3. *Movie therapy, moving therapy!: The healing power of film clips in the therapeutic settings* - Fuat Ulus, M.D. - Trafford publications - 2003.