
DO YOU LOOK AT ME?

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Introduction:

Delusional ideas disorder is characterized by the appearance of a single delusional theme or a group of related ideas together, which normally are very persistent.

This, plus the fact that the definition of the disorder have been changing and that these patients rarely seek psychiatric help, makes it difficult to accurately assess their epidemiology, but it is estimated that delirious take between 1 and 4% of psychiatric entries and its prevalence in the general population is 0.03%.

Objectives:

Analyze the variables that influence the clinical evolution.

- Risk factors
- Protective Factors

Rate the treatments tested in Mental Health since the patient is diagnosed.

Method:

Analysis of the clinical history of the patient's mental health.

Results-Case report:

Male, 36, who was diagnosed with delusional disorder at the age of 21, after starring an episode of hetero-aggressiveness to objects.

From the beginning is characterized by delusional interpretations of referential character, gradually reaching a systematic structure delusional. Secondly, this causes episodes of behaviour disorders with occasional psychomotor agitation, important social isolation and withdrawal, seriously affecting their daily functioning.

During a year, he required four hospitalizations for exacerbation of clinical psychotic delusional self-referential and prejudice delusional ideation, with intense feelings of hopelessness and suicidal ideation.

Conclusion:

Since the possibilities of treatment of this disorder are limited by little or no disease awareness and that his delusions are usually highly structured, we find it important continue investigating the keys to achieving higher therapeutic adherence and successful social adaptation despite continue with chronic delusional ideation.