

The Library and Information Service

Location

The Library and its services are available to all fellows, members and inceptors of the College. Most of the book and current journal stock is on open access in the Library which is situated on the first floor, while the Library Office and storage cupboards, to the rear of the building, house the computers and reserve stock. Non-current journals and a small French and German collection are shelved in the Members' Room on closed access.

Books

The collection consists of works on psychiatry as well as related subjects such as psychology and the neurosciences. The Quick Reference section contains standard dictionaries, directories and handbooks.

Most of the Library's 6000 books, with the exception of the reference collection and the older valuable works, are available for loan to members residing within the United Kingdom. Books may be borrowed in person as there is no postal loan service. The normal loan period is four weeks and is limited to a maximum of six books at one time. Books may be returned by post.

Journals

Currently the Library takes 50 journals. A list of the journal holdings is available to members. Although journals are not loaned, photocopies of articles can be supplied.

Photocopying

Photocopies may be requested in person, by post, telephone or fax. All photocopying is done within the terms of the current Copyright Act and a photocopy declaration form must be completed to comply with this. Members are entitled to 50 pages of photocopying free per annum, after which a small charge will be made.

Literature searches

The Library staff are always willing to assist members with research. Literature searches

can be undertaken on computer using either *Current Opinton in Psychiatry*, or any of the following CD-ROM databases: Medline; Excerpta Medica (Psychiatry and Neurosciences sections); or ClinPSYC (containing clinical psychology citations from Psychological Abstracts). In-house databases of rating scales, official publications and the contents of the *British Journal of Psychiatry* and *Psychiatric Bulletin* have been created by the Library. Library staff will be happy to advise members who wish to carry out their own searches. The Library workstation may be booked in advance for this purpose. Members are entitled to four free literature searches per annum.

The College records

Historical. A computerised index to the College records dating from 1841 has been prepared and searches concerning the history of the College are undertaken. The Archivist is available on Thursdays and Fridays.

Current. The Library maintains an ongoing computerised index of current College policies, statements etc. A printed index to the main policy documents is available.

Historical material

The Library holds a small but notable collection of material of interest to researchers studying the history of psychiatry. The collection of 600 rare books includes early editions of Bartholomaeus Anglicus' *De Proprietatibus Rerum* (1483), Timothy Bright's *A Treatise of Melancholy* (1586) and Thomas Willis' *Cerebri Anatomii* (1664).

The non-book collection includes 19th and 20th century newscuttings, photographs and asylum plans. Registers of successful candidates in the (College) psychiatric nursing examination, 1891-1951, are also held.

Library publications

Printouts have been produced from the Library's computerised databases. All are available from the College Publications Department.

Index to Statements, Guidelines and Policy Documents of the College 1971-1989 with annual supplements

List of Books Suitable for a Psychiatric Library 1983-1987

List of Books Suitable for a Psychiatric Library 1988-1993

List of Books Suitable for a Psychiatric Library 1994

Reading List for Trainees: Basic Sciences 1993, revised biennially

Reading List for Trainees: General Psychiatry 1995, revised biennially
Psychiatric Instruments and Rating Scales: a Select Bibliography (1994) 2nd edn.

Opening hours

Monday to Friday, 9.30-16.30.

With prior notification, arrangements can be made for the Library to remain open until 19.00.

Library staff

Susan Floate (Librarian), Margaret Harcourt Williams (Archivist), Heather Watkins, Jonathon Vines (Library Assistants).

Prevention of Anxiety and Depression in Vulnerable Groups

Joanna Murray

The scope of this review, commissioned by the Department of Health, is the common mental disorders of anxiety and depression occurring in adults in the community. It considers the possibilities for prevention in primary care. This combination of basic conceptual and research information provides a practical framework of preventive strategies for the primary care team. Social factors in aetiology are examined in detail, and epidemiological data is used to consider vulnerability factors and to identify high risk groups. There is also a thorough review of risk for common mental disorders.



● £7.50 ● 112pp. ● 1995 ● ISBN 0 902241 87 7

Available from bookshops and from the Publications Department, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG (Tel. 0171-235 2351 extension 146)