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PATHOLOGICAL GAMBLING AND BEHAVIOR ADDICTION IN ADULTHOOD

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Gambling behaviors of young adults may begin in adolescence and continue or even worsen in adulthood (Goudriaan et al., 2009).

Even if the young adult population is not an homogeneous group, studies show that almost 5% of young people, against 1% in general population showed pathological gambling (Dyke, 2009)

Our objective was to study the presence of problem gambling among a population of young adults in professional-schools.

We included 629 people, average age 20 and 66.4% of men. We used a battery of assessment scales of consumption of alcohol, tobacco, cannabis, pathological gambling, compulsive shopping, video games addiction, anxiety and depression.

The results show a prevalence of 1.6% of young people with a score of pathological gambling in the Canadian Problem Gambling Index (CPGI) and 7% with a score of problematic use.

The findings regarding depression, anxiety and other dependencies will be discussed.