THE JOURNAL

OF

MENTAL SCIENCE

(THE BRITISH JOURNAL OF PSYCHIATRY)



BY AUTHORITY OF
THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

EDITOR-IN-CHIEF

G. W. T. H. FLEMING

CO-EDITORS

Alexander Walk and P. K. McCowan

AND WITH THE ASSISTANCE OF

E. D. Adrian
W. Ross Ashby
Sir F. C. Bartlett
Sir Hugh Cairns
W. E. le Gros Clark
S. M. Coleman
C. J. C. Earl
Sir A. Fleming

F. L. Golla
C. J. McCarthy
Alfred Meyer
Lionel S. Penrose
A. A. W. Petrie
Derek Richter
E. T. O. Slater

LONDON

J. & A. CHURCHILL, LTD

Published Four times Yearly Twelve Shillings and Sixpence net

THE JOURNAL OF MENTAL SCIENCE

Communications on general editorial matters, including MSS. for publication, books for review and other printed matter, and communications regarding the *Epitome* section, including journals to be abstracted, should be sent to the **Editor-in-Chief**, Barnwood House, Gloucester.

Communications and inquiries regarding sales should be addressed to the Publishers, Messrs. J. & A. CHURCHILL, Ltd., 104, Gloucester Place, Portman Square, London, W.1; and those regarding Advertisements to the Editor-in-Chief, Barnwood House, Gloucester. Phone: Gloucester 66292.

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION.

PUBLICATIONS.

From Messrs. Adlard & Son, Ltd., Bartholomew Press, Dorking, Surrey.

Enquiry (History) Form, for use in Mental Hospitals. In three sizes. Prices and specimen forms on application.

From Messrs. J. & A. Churchill, Ltd., 104 Gloucester Place, W. 1

"The Journal of Mental Science." Published four times a year. Price 12/6. Postage extra.

From Messrs. Baillière, Tindall & Cox, 8 Henrietta Street, W.C. 2

- "Handbook for Mental Nurses." 8th edn. In preparation.
- "Manual for Mental Deficiency Nurses." 1931. Price 6/6 net.
- "Occupational Therapy." Addendum to "Handbook." 1938. Price 6d.

From the REGISTRAR, Southfield, Shipton Road, York.

- "Regulations and Rules for the Nursing Examinations." Revised, 1938. Price 9d. each. Postage 1d.
- "Examination Papers, 1928-38." Price 9d. each. Postage 1d.
- "Regulations for the D.P.M. of the R.M.P.A."

From the Secretary, 11 Chandos Street, W. 1.

The Charter and By-Laws of the Association. Price 2/- Postage 11d.

★L-Thyroxine-sodium *Glaxo*

now has a simpler name...

ELTROXIN

The introduction of L-Thyroxine-sodium *Glaxo* two years ago brought long-sought precision to thyroid medication. And now, for simpler prescribing, the preparation has been renamed ELTROXIN. This synthetic crystalline thyroid hormone is consistent in therapeutic action and permits exact dosage in terms of weight of the single active principle.

* to be precise, prescribe

ELTROXIN

synthetic thyroid hormone

the treatment for myxoedema, cretinism and other conditions associated with hypothyroidism

Tablets (0.05 & 0.1 mg.): in bottles of 100 & 1,000

GLAXO LABORATORIES LTD., GREENFORD, MIDDLESEX BYRon 3434

MENTAL HOSPITALS, INSTITUTIONS, HOMES, ETC.

CHEADLE ROYAL CHEADLE, CHESHIRE

A Registered Hospital for MENTAL DISEASES, and its Seaside Branch, GLAN-Y-DON, Colwyn Bay, N. Wales.

THE object of this Hospital is to provide the most efficient means for the treatment and care of PRIVATE PATIENTS OF BOTH SEXES suffering from MENTAL and NERVOUS DISEASES. The Hospital is governed by a Committee appointed by Trustees.

VOLUNTARY, TEMPORARY and CERTIFIED PATIENTS RECEIVED.

For Terms and further information apply to the MEDICAL SUPERINTENDENT.

Telephone: GATLEY 2231.

CHISWICK HOUSE

A Private Nursing Home for the Treatment and Care of Mental and Nervous Illnesses in both sexes.

Telephone: PINNER 234

PINNER, MIDDLESEX

A modern house, 12 miles from Marble Arch, in attractive, secluded grounds. Fees from 12 guineas per week, inclusive. Patients treated under certificate. Temporary or Voluntary status. Modern forms of treatment, including psychotherapy, narco-analysis, modified insulin, occupational therapy, E.C.T., etc.

DOUGLAS MACAULAY, M.D., D.P.M.

HITCHAM PLACE, BURNHAM, BUCKS.

(late Fenstanton, Christchurch Road, S.W.2)

A Private Home for the Care and Treatment of a limited number of Ladies with Mental and Nervous Disorders. Temporary and Voluntary Patients received. Large Country Mansion with twenty acres of grounds in Green Belt. Home-like surroundings.

Apply: Dr. Madeline R. Lockwood, Resident Physician.

Telephone: Burnham 624.

HAYDOCK LODGE, NEWTON-LE-WILLOWS, LANCAS

For the reception and treatment of PRIVATE PATIENTS of both sexes of the UPPER AND MIDDLE CLASSES suffering from Mental and Nervous Disorders, Alcoholism and Drug Addiction, either voluntary, temporary or under certificate. Patients are classified in separate buildings according to their mental condition. Situated in park and grounds of 400 acres. Self-supported by its own farm and gardens in which patients are encouraged to occupy themselves. Every facility for indoor and outdoor recreation. For terms, prospectus, etc., apply MEDICAL SUPERINTENDENT.

Telegraphic Address: "Street," Ashton-in-Makerfield.

'Phone: 7311 Ashton-in-Makerfield.

HEIGHAM HALL, NORWICH

PRIVATE MENTAL HOME for Nervous and Mental illness. All types of treatment carried out. Accommodation for Alcoholics and Addicts available. Special Geriatric Unit now open.

Fees from 6 gns. per week upwards according to requirements.

Apply to Dr. J. A. SMALL.

.

Telephone: Norwich 20080.

Northumberland House Green Lanes, Finsbury Park, N. 4

A PRIVATE HOSPITAL for the treatment of Mental and Nervous illnesses. Conveniently situated and easy of access from all parts. Six acres of grounds, facing Finsbury Park. Voluntary and Temporary Patients received without certification. E.C.T., Group Psychotherapy.

Insulin Coma Unit.

Trained Resident and Visiting Staff.

Telephone: Stamford Hill 7866/7 (2 lines.) Telegrams: "Subsidiary, London." For further particulars apply to the Medical Superintendent,

ROBERT M. RIGGALL, Member, British Psycho-Analytical Society.

WYKE HOUSE, ISLEWORTH

MIDDLESEX

Tel. EALing 7000

A Private Hospital for individual treatment of all forms of Nervous and Mental Illness, including Alcoholism. Uncertified and certified patients are admitted. This well-known Home for Men and Women is surrounded by attractive and secluded grounds, and all well-tried modern treatments are available.

DR. H. PULLAR-STRECKER

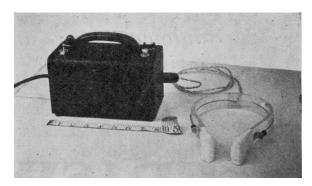
DR. G. W. SMITH, O.B.E.

'ECTRON' ELECTRO-CONVULSANT APPARATUS

The ideal portable apparatus for administration of all forms of ECT from A.C. or D.C. mains.

Specially designed to give smooth induction of convulsion, to reduce risk of fractures.

In worldwide use by many psychiatrists, and leading mental hospitals.



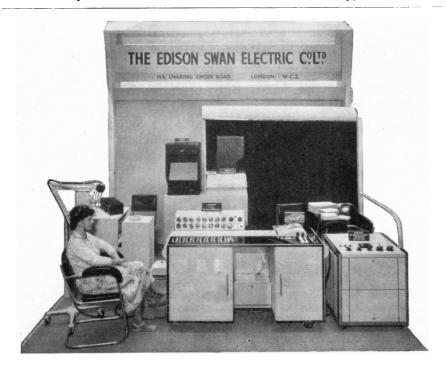
NOW AVAILABLE—'Ectron' moulded rubber mouth Gags.

Write for details to:

ECTRON LIMITED

REELEK WORKS, BALDOCK, HERTS., ENGLAND

Telegrams: "Reelek" Baldock Telephone: Baldock 154



The first world demonstration
of an 8-channel Electro
Encephalograph with simultaneous
automatic wave analysis.

THIS demonstration was given by the manufacturers, The Edison Swan Electric Co. Ltd., London, at the International Congress of Radiology, 1950.

EDISWAN

THE EDISON SWAN ELECTRIC CO. LTD.

155 CHARING CROSS ROAD · LONDON · W.C.2

Member of the A.E.I. Group of Companies

The first step in all Nervous Affections—

ELIXIR GABAIL

This distinctive product has won a place in the treatment of all types of nervous affections by reason of its achievement of a high concentration of VALERIAN with none of the disagreeable and nauseating features which so often invalidate the outstanding therapeutic qualities of the drug. Reinforced with minimal doses of strontium bromide and chloral hydrate, ELIXIR GABAIL has no counterpart in modern practice for the achievement of sedation without recourse to barbiturates or narcotics.

Dosage:

One tablespoonful in water twice or thrice daily.

For Insomnia:

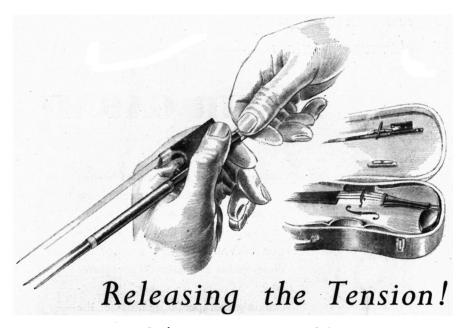
Two tablespoonfuls at bedtime.

Supplied in bottles of 187 c.c., 16 oz. and in bulk for dispensing and hospital use.



Literature and Sample from the Distributors:

THE ANGLO-FRENCH DRUG CO. LTD.
11-12 Guilford Street, London, W.C.I

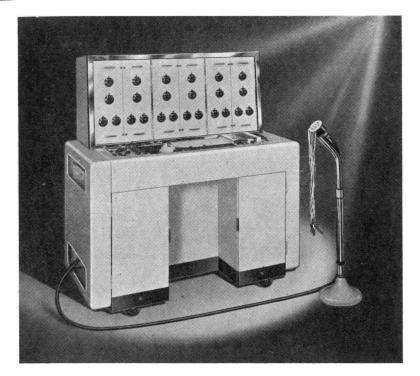


In the symptomatic treatment of the many disorders resulting from nervous stress, sub-hypnotic doses of 'AMYTAL' ease the tension. They provide a mild sustained cerebral depression without diminishing intellectual capacity. Independent of normally functioning kidneys for their elimination, sedative doses of 'AMYTAL' are entirely destroyed within the body each day. The cumulative effect of longer-acting barbiturates — giving rise to daytime drowsiness, irritability and mental confusion—is thus not experienced with 'AMYTAL.' To relieve nervous tension without jeopardising daytime alertness the physician can safely prescribe 'AMYTAL.'





ELI LILLY AND COMPANY LIMITED · BASINGSTOKE · HANTS





In this six-channel E.E.G., the problems associated with the amplification of minute brain potentials have been completely overcome. In fact, the instrument, which is mains-operated and highly sensitive, produces a faithful and undistorted record of the patient's brain waves. Recordings can be obtained from pre-arranged groups of the fourteen head electrodes or from patterns selected independently. As part of the steps taken to suppress artifacts, provision is made for measuring electrode resistance.

Please write for fully-descriptive booklet

THE

MABGONI

SIX-CHANNEL ELECTRO-ENCEPHALOGRAPH TYPE OA 180A

MARCONI INSTRUMENTS LTD. . ST. ALBANS . HERTS . St. Albans 6161/7

ADLARD & SON

LIMITED

BARTHOLOMEW PRESS DORKING — SURREY



PRINTERS OF THIS :: :: JOURNAL

ESTIMATES SUBMITTED PROMPTLY

FOUNDED IN 1766, the Firm has continued uninterruptedly, and is able to undertake ALL CLASSES OF PRINTING.

The Staff is Specially Trained in the production of all printed matter connected with Private Hospitals and Homes, Medical, Scientific and other Institutions.

Regd. Offices: 194/200 BISHOPSGATE, E.C. 2.

Tel.: DORKING 3874.

THERATRONICS LTD.

invite your enquiries for an

Apparatus for Counter-stimulus Therapy

An adjunct to Electroplexy (E.C.T.) and as a non-convulsive therapy, in accordance with Dr. Alexander's technique (modified).*

Central respiratory stimulus.

Reduces or eliminates post-convulsant memory-defect.

Relieves nervous tension.

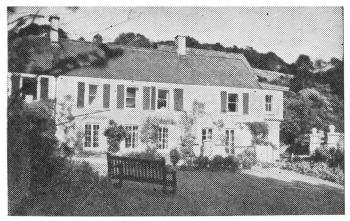
A valuable aid in Electroplexy or as an independent psychiatric technique. *See "Non-convulsive Electric Stimulation Therapy," by Leo Alexander, M.D., Am J. Psychiatry, Vol. 107, No. 4, Oct. 1950.

THERATRONICS LTD. (Dept. B.7), 6 Argyle Walk, London, W.C. 1

Telephone: TERminus 2162/3

BARNWOOD HOUSE

GLOUCESTER



CRICKLEY COURT-ONE OF THE SEPARATE VILLAS

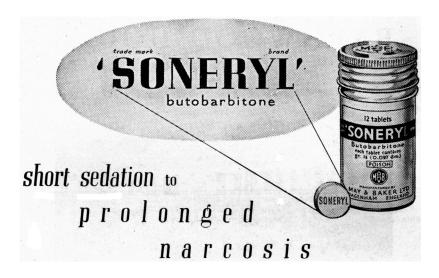
REGISTERED HOSPITAL, (outside National Health Service) for the CARE TREATMENT of LADIES and GENTLEMEN suffering from NERVOUS and MENTAL DISORDERS. Within two miles of the Western and London Midland Regional Railway Stations at Gloucester, the Hospital is easily accessible by rail from London and all parts of the United Kingdom. It is beautifully situated at the foot of the Cotswold Hills, and stands in its own grounds of over 300 acres. Voluntary Patients of both sexes are also received for treatment. Special accommodation is also provided at three villa residences, all of which stand in their own grounds and are entirely separate from the main Hospital. All the most modern methods of treatment including electric shock and prefrontal leucotomy are used.

For Terms, etc., apply to

G. W. T. H. FLEMING, M.R.C.S., L.R.C.P., D.P.M., Physician Superintendent,

who may be seen in London by appointment

Telephone: No. 66207 Gloucester



One of the advantages of 'Soneryl' is the ease with which, by graduating the dose, the degree of action may be varied from the mildly sedative to the deeply hypnotic.

This is of particular interest in psychiatric practice for it enables the one drug to be used as a hypnotic in all the mental states from simple anxiety to intractable psychosis. It may be given for long periods with minimal side effects.

Generally 'Soneryl' is given orally in tablets (grains $1\frac{1}{2}$ in each), but for cases in which it is impracticable to give the drug by mouth, suppositories containing three, five or ten grains of 'Soneryl' are available.

Tablets in containers of 25, 100, and 500
Suppositories of gr. 3, gr. 5, and gr. 10, in boxes of 5

OUR MEDICAL INFORMATION
DIVISION WILL BE PLEASED TO
SEND A COPY OF THE MEDICAL
BOOKLET 'M&B BARBITURATES IN
GENERAL PRACTICE' ON REQUEST



manufactured by

MAY & BAKER LTD

1/2281

PHARMACEUTICAL SPECIALITIES (MAY & BAKER) LTD. DAGENHAM

THE

JOURNAL OF MENTAL SCIENCE

[Published by Authority of the Royal Medico-Psychological Association.]

No. 409 [NEW SERIES]

OCTOBER, 1951.

Vol. XCVII

Part I.—Original Articles

ACTIVATORS AND INHIBITORS OF HEXOKINASE IN HUMAN BLOOD.

By H. Weil-Malherbe, M.D., D.Sc., and A. D. Bone, Runwell Hospital, Wickford, Essex.

The endocrine system is one of the foremost links in the psychosomatic relationship, and its special significance in the study of mental disease needs no emphasis. Compared with our knowledge of the chemistry and basic functions of the hormones very little is known about their more intimate mechanisms of It has been possible to assign to some hormones the function of controlling the rate of specific metabolic processes, but whether they do so by a direct reaction with a component of one or more enzyme systems or indirectly by influencing the mutual accessibility of enzyme and substrate is still a matter The latter mechanism would depend on a spatial organization involving membrane barriers, phase boundaries or similar discontinuities and, in fact, many hormonal effects which can be demonstrated in vitro with the aid of intact or sliced tissues disappear when the structural organization of the cell is destroyed. It is, however, well to remember that synthetic and other energy-consuming reactions were believed until recently to depend on the integrity of the cellular organization, but when some insight was gained into the mechanism of biological energy transformation and the function of labile phosphate bonds in these processes, it was possible to demonstrate many such reactions in homogeneous systems. Similarly, the interactions of hormones and enzymes may require the intervention of unstable mediators, and control of these factors might allow their reconstruction in cell-free extracts. In any case, it is more satisfying to account for the great specificity of hormonal action on the basis of a chemical reaction with specific enzymes than by a mechanism leading to predominantly physical changes.

A hormonal system, many actions of which can be explained by its control of a single metabolic process, is that of insulin and its antagonists. The reaction in question is the phosphorylation of glucose (cf. Bouckaert and De XCVII.