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Module Autism spectrum disorder: the place of pharmacological approaches Quickbite

Patients with autism spectrum disorder (ASD) can present with a wide variety of symptoms and behaviours. While some of these may be core features of autism, some are not. Others may mask potentially co-existing conditions amenable to pharmacological treatments. This module looks at the role of medication in ASD, while acknowledging the absence of any evidence that psychopharmacological agents have a direct effect on their core features. **CPD credits: 0.5**



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Psychiatrists can validate the benefits of regular physical activity and healthier lifestyle choices for patients. This module highlights current societal trends in physical activity; outlines the current Chief Medical Officers' (CMOs') weekly physical activity guidelines; assists you in understanding the common terminology used in the physical activity literature; provides the latest evidence base for physical activity interventions; and explores initiatives that have attempted practice implementation. **CPD credits: 1.5**



Module Sports psychiatry

It is still relatively uncommon for psychiatrists to work in elite sport; the barriers to greater involvement need to be understood if they are to be overcome. This module looks at the difficulties that athletes can experience with their mental health and how these may be better addressed by psychiatrists. **CPD credits: 1.5**

