



COGNITIVE THERAPY IN OXFORD

A One Year Part-Time Post Qualification Course

B.P.S. RECOMMENDED

Department of Clinical Psychology with Oxford University Department of Psychiatry at The Warneford Hospital, Oxford

COMMENCING JANUARY 1997

Fridays, 9.00 a.m. - 5.00 p.m. over three 12 week terms

Course Director:

Dr Melanie Fennell

Organisation and Training:

Dr Gillian Butler, Dr David Clark, Ms Ann Hackmann Dr Joan Kirk, Dr Paul Salkovskis, Ms Linette Whitehead

Oxford is internationally recognised as a centre of excellence in Cognitive Therapy.

This course offers expert training in the theory and practice of Cognitive Therapy to qualified healthcare professionals in clinical psychology, psychiatry, medicine, social work, nursing, etc.

For further information and application forms, write to:

Dr M.J.V.Fennell, Department of Clinical Psychology, The Warneford Hospital, Oxford OX3 7JX

POST-QUALIFICATION CERTIFICATE IN COGNITIVE THERAPY



NEWCASTLE COGNITIVE AND BEHAVIOURAL THERAPIES CENTRE



NEWCASTLE CITY HEALTH NHS TRUST &

UNIVERSITY OF DURHAM

The sixth year of this successful course starts October 1996. The course is intended for all suitably qualified Mental Healthcare professionals. It is an internationally acknowledged course, many of the teachers being leaders in the field.

Aims and Structure

Trainees will be provided with a thorough grounding in the practice and theory of cognitive therapy, including assessment and the application of therapy to a wide range of clients. It is a 40 day course, starting with a 5 day induction week and followed by 35 days (Wednesdays) of clinical work, supervision and teaching.

Fees £2,300 CO

COURSE DIRECTOR Professor I M Blackburn

For further information and Application Forms:

Mrs Susan Prior, Course Secretary, Newcastle Cognitive Therapy Centre, Collingwood Clinic, St. Nicholas Hospital, Jubilee Road, Gosforth, Newcastle upon Tyne, NE3 3XT

Tel No: 0191 273 6666 Ext 28431 Fax No: 0191 2232228

Closing Date for Application 14.6.96



Instructions to Authors

- 1. Submission. Articles written in English and not submitted for publication elsewhere, should be sent to Paul Salkovskis, Editor, *Behavioural and Cognitive Psychotherapy*, Department of Psychiatry, University of Oxford, Warneford Hospital, Oxford OX3 7JX, UK.
- 2. Manuscript preparation. Four complete copies of the manuscript must be submitted. Original figures should be supplied at the time of submission. Articles must be typed double-spaced throughout on standard sized paper (preferably A4) allowing wide margins all round. Where unpublished material, e.g. behaviour rating scales, therapy manuals, etc. is referred to in an article, copies should be submitted to facilitate review. Manuscripts will be sent out for review exactly as submitted. Authors who want a blind review should mark two copies of their article "review copy" omitting from these copies details of authorship.

Abbreviations where used must be standard. The Système International (SI) should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistic values and degrees of freedom [e.g. F(1,34) = 123.07, p<.001], but such information may be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (The shorter Oxford English dictionary), or American usage (Webster's new collegiate dictionary). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication manual of the American Psychological Association* or the style manual of the British Psychological Society.

Articles should conform to the following scheme:

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- (c) Text. This should begin with an introduction, succinctly introducing the point of the paper to those interested in the general area of the journal. Attention should be paid to the Editorial Statement which appears in the January and July issues at the back of the Journal. References within the text should be given in the form Jones and Smith (1973). When there are three or up to and including five authors the first citation should include all authors; subsequent citations should be given as Williams et al. (1973). Authors with the same surname should be distinguished by their initials. The approximate positions of tables and figures should be indicated in the text. Footnotes should be avoided where possible.
- (d) Reference note(s). A list of all cited unpublished or limited circulation material, numbered in order of appearance in the text, giving as much information as possible about extant manuscripts.
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 - BECKER, M. R. and Green, L. W. (1975). A family approach to compliance with medical treatment: a selective review of the literature. *International Journal of Health Education* 18, 173–182.
 - THORP, R. G. and WETZEL, R. J. (1969). Behaviour modification in the natural environment. New York: Academic Press.
 - ROSKIES, E. and LAZARUS, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds). Behavioural medicine: changing health lifestyles. New York: Brunner/Mazel.
- (f) Footnotes. The first, and preferably only, footnote will appear at the foot of the first page of each article, and subsequently may acknowledge previous unpublished presentation (e.g. dissertation, meeting paper) financial support, scholarly or technical assistance, or a change in affiliation. In concluding (or only) paragraph must be the name and full mailing address of the author to whom reprint requests or other inquiries should be sent.
- (g) Tables. Tables should be numbered and given explanatory titles.
- (h) Figure captions. Numbered captions should be typed on a separate page.
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