



obituaries



Professor John Constantine Boulougouris

Formerly Professor, Athens University, Greece, and a Foundation Affiliate of the Royal College of Psychiatrists

John Boulougouris was a Greek psychiatrist who trained and worked at the Maudsley during the late 1960s. In England he was regarded by his contemporaries for his work and his likeable and charming personality. He was part of a group who developed clinical methods for the treatment of neurotic disorders including neurotic depression. He participated in several clinical studies and co-published influential articles on desensitisation and 'flooding' for phobias and obsessive-compulsive disorders.

John returned to Greece in 1973 and after fulfilling 1 year's compulsory service as a psychiatrist in the mental hospital in his native town, Tripoli, he was appointed senior lecturer at the Athens University Department of Psychiatry. He joined a team of two other senior lecturers, all British trained, and a newly appointed chairman, who all aspired to reform Greek psychiatry. This was the beginning of the modernisation of Greek psychiatry, which included developments in services, training and research.

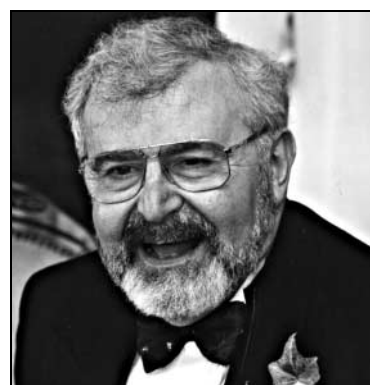
The influence of the British school of psychiatry was paramount in Greece and John's role in it was decisive. In particular he brought into clinical practice systematic description of phenomenology and a new psychotherapeutic approach, which was not only psychodynamic psychotherapy, but the only one known and practised in Greece until then. John initiated several clinical studies in behaviour therapy and he became known as 'the behaviourist'. He was an inspiration to his students and trainees because of his clear thinking and his devotion to his patients.

John opted out from academia in the early 1980s and concentrated on his private practice, also spending an increasing amount of time in his country house in the Peloponnese. There he planted olive and fruit trees and grew

large quantities of vegetables, which he enjoyed sending to his friends! John remained active in the world of behaviour therapy and was a member of several international organisations. He organised several international conferences in Greece and continued publishing widely. His latest contribution was the development of the Institute of Behaviour Therapy and Research in Athens, a non-profit centre for multi-disciplinary clinical service and training in methods of behaviour psychotherapy.

John Boulougouris leaves a distinct mark in contemporary Greek psychiatry as an innovator, a thinker and a pragmatist. His friends and colleagues will also always remember him for his humour, generosity and warm personality. He coped admirably with his sudden illness, but died because of a relapse of an inoperable condition. His wife Jenny, three sons and a grandson survive him.

Nick Bouras



Kenneth Lawrence Granville-Grossman

Former Consultant Psychiatrist, St Mary's Hospital and Medical School, London

Kenneth, a distinguished and respected member of the staff at St Mary's, died suddenly, probably from cardiac dysrhythmia secondary to coronary atherosclerosis on 6 March 2000.

Born in London in 1929, he was educated at University College School and then University College Hospital Medical School. Postgraduate study led to the MD, FRCP and FRCPsych.

His undergraduate career was interrupted by a tuberculous pleural effusion in the days before the advent of chemotherapy. Fortunately, 4 months of enforced rest on a cold veranda was followed by a full recovery. He then

managed to pick up three major prizes before qualifying in 1953.

He had always been interested in psychiatry and after his pre-registration posts he worked in the psychiatric observation ward at University College Hospital. The lack of effective treatment at that time appalled him and he returned to general medicine and obtained the MRCP. The arrival of chlorpromazine and imipramine reawakened his interest in psychiatry and he began his training at the Maudsley Hospital in 1960, progressing through the ranks from senior house officer to senior registrar. At this early stage he felt the need to experience a range of approaches to the subject and for some years undertook a training analysis. He finally came to the conclusion that a purely dynamic view was unsustainable and took a wider, more eclectic perspective.

He moved from the Maudsley to St Bartholomew's as a lecturer. There he did pioneering work on the use of beta-blockers in psychiatry.

His first consultant appointment was at Welwyn Garden City to open one of the first district general hospital psychiatric units to be built. In 1967 he was appointed to the staff at St Mary's. Here the more academic atmosphere spurred him to embark on the series *Recent Advances in Clinical Psychiatry*, for which he will be long remembered. The first edition, of which he was the sole author, appeared in 1971 and was an instant success. The series progressed to eight editions, of which he was the editor and a major contributor. Successive editions were required reading for a generation of aspirants for the MRCPsych.

Kenneth published widely in addition to the books. In the 1980s St Mary's was a major centre dealing with the burgeoning problem of AIDS and he provided the liaison service to the department of genitourinary medicine, developing an interest and expertise in the psychiatric problems associated with it. This led to further contributions to the literature.

He was a true 'scholar'. His natural habitat was the library and the study, but he did function at high level in other environments. He was one of the prime movers in expanding the role of psychiatry at St Mary's. When he arrived the department consisted of two very part-time consultants sharing seven in-patient beds on the general medical wards of the hospital. With colleagues he found funding for the creation of an academic department in the early 1970s and thereafter actively supported the massive expansion of psychiatric services to St Mary's and the local community.

At an early age he served on the Council of the College and then on the